# WIC Resource Manual

## Spring 2020

**SOWK 1500.850 Class**

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ATP- Assistive Technology Partnership
The ATP assists Nebraskans with disabilities, as well as their families, educators, service coordinators, employers, and agencies to learn more about and use assistive technology. They believe in Respect, Innovation, Availability, and Independence.
  1313 Farnam St., Suite 305, Omaha, Ne 68102
  (877) 713-4002 (Lincoln Agency)
  Hours: Monday-Friday 8:00-5:00
  Website: https://atp.nebraska.gov/

CRCC
CRCC’s goal is to give families who have children with medical or cognitive challenges hope for a bright future. They understand the struggles and grief families may be going through and have highly trained nurses, therapists and teachers who work together to deliver a brighter future for the children and their families. Their mission is to provide comprehensive care and family services and support medically fragile, developmentally delayed, physically challenged and mental health/behaviorally diagnosed children and their families.

  CRCC Northwest:
  2010 N. 88th Street, Omaha, NE 68134
  (402) 496-1000
  Email: Lindsey McCauley lmccauley@crccomaha.org
  Hours: Monday-Friday 6:30a-6:00p
        Saturday: 7:00a-6:00
        Sunday: CLOSED

  CRCC Southwest:
  5231 S. 138th Street, Omaha, NE 68137
  (402) 895-1607
  Fax: (402) 895-1607
  Hours: Monday-Friday 6:30a-6:00p
  Website: https://crccomaha.org

Developmental Services of Nebraska Inc.
This non-profit organization supports people with mental health needs or developmental disabilities to gain skills, knowledge and experience to increasingly use and benefit from resources and settings available to all citizens in our community. They believe every person as value and deserves to be treated with respect and dignity.
  5022 S 114th Street, Suite 100, Omaha NE, 68137
  (402) 827-7652
  Fax: (402) 827-7654
  Hours: Monday-Friday 8:00a-5:00p
        Saturday-Sunday: CLOSED
  Website: https://www.thecsnetwork.com
Disability Claims Consultant
They have been helping people who are disabled navigate the regulations of the Social Security Administration. They offer representation to help people get the benefits they earn.
7911 L St., Omaha, NE
(402) 422-1000
Email: ssdisability@yahoo.com
Website: http://dccomaha.com/?fbclid=IwAR13FCcAr1Ab5vEg23yUAelAwLm8z1tgjQ0EelO0rdD_sBa_fHJ47m1RG0w
Social Media: https://www.facebook.com/pg/Disability-Claim-Consultants-102828173118383/about/?ref=page_internal

League of Human Dignity
This organization works with people who have disabilities to fight for their rights and their quality of life. They believe in focusing on likeness, not differences, ability not disability, normality not abnormality, and integration not segregation. They believe in independent living and will work with people who have disabilities to promote independent living and ensure social, economic, and political equality.
Omaha Center for Independent Living (Omaha Location)
5513 Center Street, Omaha, NE 68106
(402) 595-1256
Email: Oinfo@leagueofhuman dignity.com
Hours: Monday-Friday 8a-5p
Saturday-Sunday: CLOSED
Website: http://leagueofhuman dignity.com/
Social Media: https://www.facebook.com/League-of-Human-Dignity-175837805769386/
https://twitter.com/LHD68508

Mayor’s Commission for Citizen with Disabilities (City of Human Rights and Relations)
“Their mission is to promote the quality of life, accessibility and equity in all aspects related to the City of Omaha on behalf of and in cooperation with the citizens of Omaha who experience disabilities”. There are 11 members with physical, visual, hearing, or other disabilities and they counsel citizens who have disabilities to recommend policies and employment opportunities.
1819 Farnam Street, Suite 502, Omaha, NE 68133
(402) 444-5065
Hours: by appointment
Website: https://humanrights.cityofomaha.org/disabilities-comm-mccd

SUBSIDIARY- The Nebraska Commission for the Deaf and Hard of Hearing
Assists people who are deaf and hard of hearing in finding interpreters. Services also include advocacy, communication and services for improving the quality of life, for anyone who has experienced hearing loss. To use this agency, the person must be legally or partially deaf.
1313 Farnam St., Suite 305, Omaha, NE 68102
(402) 595-3991
Email: ostaff@ncdhh.state.ne.us
Hours: Monday-Friday 8:00a-5:00p
Saturday-Sunday: CLOSED
Website: https://ncdhh.nebraska.gov
Social Media: https://www.facebook.com/nebraskacommissionforthedeafandhardofhearing/
**United Cerebral Palsy of Nebraska**

This health care agency serves the condition, as well as serves people and adults with cerebral palsy. They also work with individuals who have other disabilities as well as family members. They offer financial programs that anyone is able to attend, but also some that are inclusive to people with cerebral palsy. Their mission is to advance the independence, productivity and full citizenship of people with cerebral palsy and similar disorders.

- 920 S. 107th Ave., Suite 307, Omaha, NE 68114
- (402) 502-3572
- Email: ucp@ucpnebraksa.org
- Hours: Monday-Friday: 9:00-4:00
  - Saturday-Sunday: CLOSED
- Website: [https://ucpnebraska.org](https://ucpnebraska.org)
- Social Media: [https://www.facebook.com/UnitedCerebralPalsyofNebraska/](https://www.facebook.com/UnitedCerebralPalsyofNebraska/)

*This is a very small agency, so they tend to adjust their time depending on appointments they have. There is not a whole lot of foot traffic in the office, so they try to meet the needs of those who meet with them.*
DOMESTIC VIOLENCE

Catholic Charities
Services: Residents can stay for up to 28 days. Emergency Shelter and Temporary Housing. Supportive services for survivors.

3300 N 60th St, Omaha, NE 68104
(402) 554-0520
24 hour Hotline: (402) 558-5700
Hours: Monday- Friday 8:30 AM - 5:00 PM
http://www.ccomaha.org/
Spanish translators are available

Douglas County Clerk of the District Court
Domestic abuse protection and harassment protect orders department; every protection order is served by a Sheriff’s department.

Eligibility: A valid government issued I.D. with your photograph and signature on it. You will have to fill out an affidavit that will be notarized. The process will take approximately one hour.

Domestic Violence/Protection Orders: 3rd Floor, room 300
1701 Farnam Street, Omaha, NE 68183
DV Prosecutor: (402) 444-3545
Protection Order Office: (402) 444-4350
Hours: Monday - Friday, 8:00 AM - 4:30 PM
clerk.dc4dc.com/domestic-violence-protection-orders

Douglas County Victim
The Omaha-Douglas County Victim Assistance Program is a public service office established to assist victims of crime, including domestic violence.

Service: General Support, Direct service to victims
1905 Harney Street, Suite #500, Omaha, NE 68102
(402) 444-4597
Hours: Monday - Friday, 8:00 AM - 4:00 PM
Website: countyattorney.douglascounty-ne.gov/victim-assistance

Heartland Family Services
Services: helplines, counseling and prevention, housing and safety financial stability, well being
2101 South 42nd Street, Omaha, NE 68105
24-hour Hotline 800-523-3666
Hours: Monday - Thursday, 8:30 AM – 8:00 PM,
Friday 8:30 AM – 2:30 PM
Website: http://heartlandfamilyservice.org/housing-financial-stability/domestic-violence-sexual-assault/
**Heartland Family Services-Council Bluffs Office**
Services: Domestic Violence/Sexual Assault- Comprehensive services for individuals and families include: Advocacy, Community education, Crisis counseling, Safe Haven emergency shelter, Therapy, Transitional housing, Support groups for women and men.
515 E Broadway Council Bluffs, IA 51503
(712) 322-1407
Hours: Monday – Thursday 8:00 AM-7:30 PM
       Friday 8:00 AM- 2:30 PM
Website: http://heartlandfamilyservice.org/

**Juan Diego Center (Catholic Charities)**
Services: Provides domestic violence counseling and advocacy services.
5211 South 31st Street, Omaha, NE 68107
(402) 731-5413
Hours: Pantry Hours: Monday 9:30 am - 11:30 am
     Tuesday 9:30 am - 11:30 am
     Wednesday 4:00 pm - 6:00 pm
     Thursday 9:30 am - 11:30 am
     Friday 9:30 am - 11:30 am
Website: Ccomaha.org

**Offutt AFB Family Advocacy**
Services: his program acts as a resource guide for anything military related and partnerships with many programs including American Red Cross and Mental Health services.  
*Eligibility: Must be associated with the military.*
2501 Capehart Road, Offutt AFB, 68113 Second Floor
(402) 294-7411
Hours: Monday - Friday, 7:30 AM - 4:30 PM
Website: www.offutt.af.mil/home/CAF

**Omaha Police Domestic Violence**
Services: developed to provide a timely and appropriate response to domestic violence. Their goal is to help lessen the impact the crime has on survivors.
Unit 505 South 15th Street, Omaha, NE 68102
(402) 444-5825
Hours: Monday - Friday, 9:00 AM - 5:00 PM
Website: https://police.cityofomaha.org/reporting-incidents/domestic-violence

**The Phoenix House (Catholic Charities)- Council Bluffs**
Services: Classes and support, Shelter, court advocacy, empowerment education, support groups, and outreach to under-served populations. Also work in area schools offering prevention programming.  
Domestic Violence and Sexual Assault Program
Address: confidential (call to arrange safe pick up)
**24-hour hotline:** (712) 328-0266
Direct House: (712) 256-2059
Hours: Monday - Friday, 8:30 AM - 4:30 PM
Website: https://www.catholiccharitiesdm.org/our-services/domestic-violence-shelter/
Sarpy County Victim/Witness
Domestic abuse protection and harassment protection orders department. Every protection order is served by a Sheriff’s department.
   1210 Golden Gate Drive, Papillion, NE 68046
   (402) 593-2201
   Hours: Monday - Friday, 8:00 AM - 4:00 PM
   www.sarpy.com/justice-public-safety/victim-witness

The Shelter (Catholic Charities)
Catholic Charities provides emergency shelter and temporary housing for victims of domestic abuse at an undisclosed location to protect the safety and privacy of our clients.
   Omaha- Location is confidential (call to arrange safe pick up)
   (402) 554-0520
   24-hour hotline: (402) 558-5700
   Hours: Monday-Friday, 9:00am-5:00pm
   Website: https://www.ccomaha.org/program-and-services/domestic-violence

Victim Information Notification (VINE)
A free and anonymous telephone service that provides victims of crime information and notification.
   24/7 Hotline: (877) 634-8463
   Website: https://www.vinelink.com/#/home

Women’s Center for Advancement (WCA)
Assists victims of domestic violence and sexual assault and their children in order to accomplish safety and guide them to self-determined lives.
   3801 Harney St. Omaha, NE 68131
   Office: (402) 345-6555
   24/7 Hotline: (402) 345-7273
   Hours: Monday - Friday, 8:00 AM - 5:00 PM
   Website: Wcaomaha.org

Women’s Fund of Omaha
The women’s fund of Omaha collaborates with a number of agencies and works on building relationships, gathers and analyzes local data. They assess and enhance on how the community responds to domestic and sexual violence.
   The Mastercraft -
   1111 N 13th St #106 Omaha, NE 68102
   24/7 hotline: (402) 345-7273
   Hours: Monday-Friday: 9:00am-5:00pm
   Website: http://www.omahawomensfund.org/domestic-and-sexual-violence/
Children and Family Services
Child Saving Institute
We serve pregnant women and young parents, young adults can acquire the skills they need to transition to independence, foster parents and biological families can help to learn the skills they need for family well-being, and we work with kids, all kinds of kids — babies, toddlers, elementary-aged, junior high, and high school — to ensure all children in our community are safe, well-cared-for, and loved. Services include foster parenting, early childhood education, parenting support and classes, reduced cost therapy, KidSquad, pregnancy counseling, adoption, and an emergency shelter for teenagers.

4545 Dodge Street, Omaha, NE 68132
(402) 553-6000
Toll Free: 1-866-400-4274
Fax: 402 553-2428
Hours: Monday-Friday 6:30AM - 6:00 PM Closed on Weekends
email: csinfo@childsaving.org
Website: https://childsaving.org/

Completely KIDS
Completely KIDS focuses on giving families access to the knowledge and skills necessary to break the cycle of poverty. The organization educates and empowers kids and families to create a safe, healthy, successful and connected community. Provides a range of services from after school programs, skill-building exercises for teens, and parenting classes. Completely KIDS also offers material items through their weekend food program as well as things like coats and school supplies.

2566 St Marys Ave, Omaha, NE, 68105
(402) 397-5809
Hours: Monday-Friday, 8:00 AM-4:30 PM
email: info@completelykids.org
Website: https://completelykids.org/

Cox Connects Kids
Connect2Compete Program
Cox Connect2Compete is a national, nonprofit initiative aiming to bring students and families online by providing low-cost home Internet and free digital literacy training Families with a K-12 student.

Eligibility: Household and participation in at least one of the following: National School Lunch Program (NSLP), HUD-assisted housing, Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Must have no outstanding Cox bills or unreturned equipment and cannot have subscribed to Cox internet service within the last 90 days. If an applicant has internet through Cox, they must shut off service for 90 days before they can apply.

1-855-222-3252
Call Center open Monday-Sunday (8am-8pm)
Websites: http://www.connect2compete.org/Cox
*Applicants can use the following link to apply: http://www.cox.com/lowcostinternet
Down Syndrome Alliance of the Midlands
The Down Syndrome Alliance of the Midlands is committed to connecting those touched by Down Syndrome through education, advocacy and support. Their efforts include parent outreach, education advocacy and medical outreach.

- 6001 Dodge Street, Omaha NE 68182
- CEC 117B
- (402) 554-6095
- Website: [https://www.dsamidlands.org/](https://www.dsamidlands.org/)

Early Childhood Training Center
Provides state leadership for early learning. Trains childcare professionals to develop high quality environments for young children. Also oversees childcare services of the state. Promotes equitable access to inclusive programs and services for all children aged birth-8 years. Recently remodeled resource library is available to the public. Provides books on early education, parenting, childcare, etc.

- 6949 South 110th Street, La Vista, NE 68128
- (402) 557-6880
- Hours: Monday-Friday: 8am-5pm. Closed on the weekends.
- Website: [https://www.education.ne.gov/oec/ectc.html](https://www.education.ne.gov/oec/ectc.html)

Early Development Network/Nebraska ChildFind
Provides information to parents, school personnel, and service providers about child development and special education for children from birth to age 21. Following an evaluation, if a child is verified as having a need, services will be coordinated for the family at no cost.

- Eligibility: Resident of Nebraska, aged birth to 21.
- 301 Centennial Mall South, Lincoln, NE
- (888) 806-6287
- Hours: Monday-Friday 8am-4:30pm
- Website: [childfind.nebraska.gov](http://childfind.nebraska.gov)

Early Head Start- Salvation Army
The Salvation Army Early Head Start Program’s mission is to improve the lives of economically disadvantaged children through: “empowering parents by encouraging self-sufficiency, promoting healthy child development and supporting the family unit”. Early childhood education for infants and toddlers. Connections to comprehensive healthcare services for children, prenatal and postpartum care for pregnant mothers, mental health support, and nutrition assessments. Support for children's physical, social, emotional, intellectual and language development. Individualized family support and encouragement for parents as they transition to self-sufficiency.

- Eligibility: Be a pregnant woman or family with a child under the age of 3, reside in Douglas County, be homeless, a foster child, receive TANF or SSI, or at a low-income level within federal poverty guidelines
- 3612 Cuming St, Omaha NE, 68131
- (402) 898-7504
- Hours: Monday to Friday 9am-5pm
- email: EHSintake@usc.salvationarmy.org
- Website: [https://centralusa.salvationarmy.org/omaha/early-head-start/](https://centralusa.salvationarmy.org/omaha/early-head-start/)

*We partner with two local childcare sites to provide center-based services for parents who are employed or enrolled in school full-time:

- St. Cecilia Child Care Center
  3869 Webster St., Omaha
Serves eight Early Head Start children
Child Saving Institute
4545 Dodge St., Omaha
Serves eight Early Head Start children

Educare Omaha
An innovative Partnership between the public and private sectors to create a more efficient, more effective early learning program. A research-based Program that prepares vulnerable, young children for school. A specially designed Place that nurtures early learning and sends a bold message about the value of investing in the first five years. And a compelling Platform to drive change among policymakers, business leaders and early childhood providers by demonstrating what quality early learning looks like.
Early Head Start (0-3 yrs) and Head Start (3-5 yrs) programs available.

Educare of Omaha at Kellom Elementary
2123 Paul Street, Omaha, NE 68102
(402) 898-1783

Educare of Omaha at Indian Hill Elementary
3110 W Street, Omaha, NE 68107
(402) 502-0352
Hours: Monday to Friday 7am-6pm
email: acoomes@educareomaha.org
Website: http://educareomaha.ops.org/

HOPE Center for Kids
The hope center for kids provides a safe after school program where children and youth can take part in academic support, youth development, and employment training. Also, children will receive a hot meal.
2200 N 20th St, Omaha, NE 68110
(402) 341-4673
Hours: Monday-Thursday: 2pm to 7pm.
Fridays: 2pm-6pm.
Closed on the weekends.
Website: http://www.hopecenterforkids.com/

Kids Can!
Kids Can mission is to educate, engage, and inspire children through early childhood care and out-of-school experiences. They are a state-licensed childcare provider for children ages 18-months to 13-years old, offering full-day early childhood education and out-of-school programs. They partner with Collective for Youth to provide additional after school programming at Wakonda, Gilder, Miller Park, and Nelson Mandela Elementary Schools. Their mentoring program is accredited through MENTOR Nebraska and they participate in Nebraska’s Step Up To Quality to ensure high-impact programming. They offer a toddler care program where you can go and fill out registration forms anytime, the deposit, registration fee and first week’s payment will be due before your child begins.
4860 Q St. Omaha, NE 68117
(402) 731-6988
Office Hours: 8:30am-4:30pm
Childcare: Monday through Friday 6am-6pm
Learning Community Center of Douglas and Sarpy Counties
Offers programs to support children in learning, including Parent University classes at the North Omaha location and English for Parents classes, Navigator Coaching services for families (including specially trained navigators to assist families in crisis), and Gateway Elementary School (which includes a Family Learning program for parents) at the South Omaha location.

**North Omaha:**
1612 N 24th St., Omaha, Nebraska
(402)964-2405

**South Omaha:**
2302 M St., Omaha, Nebraska
(402) 502-5512

Website: [http://www.learningcommunityds.org/](http://www.learningcommunityds.org/)

Little Leaf Learning Center
Little Leaf Learning Center is a non profit, 501(c)3, early learning center focusing on the education and development of persons with down syndrome. The programs that they offer are educational consultation, early learning program, school age tutoring, speech therapy, occupational therapy, play classes, and parent/student classes for those on the waiting list. For the consultations they are free until 18 months and that’s when they recommend starting in their early learning program. That program is for 18 months to 5 years old and they run two times a day (from 8:30-12:30 and 1:00-3:00 by appointment for other services).

12319 Grey Fawn Dr. Omaha, NE 68154
(402) 515-7234
email: Kim Yaeger - kim@mylittleleaf.org

Website: [https://mylittleleaf.org/#home](https://mylittleleaf.org/#home)

*They operate in small class sizes so it is important to get on their waiting list by 12 months of age.

OPS Head Start
Head Start helps children explore their feelings, to develop self-confidence and the skills needed to interact with others, while encouraging them to share. The basic educational concepts of letters and numbers are introduced to ensure school readiness. Children in part day classrooms receive meals and snacks that provide at least ⅓ of the child’s daily nutritional needs. Children in full day classrooms will receive meals & snacks that provide ½ to ⅔ of the child’s daily nutritional needs.

*Requirements: Birth verification, child’s immunization record, family income for 12 months, and proof of income. People who qualify are income eligible families (you are able to determine that from the webpage) and priority given to children with disabilities. Homeless families are not required to have documentation at time of application.

3215 Cuming Street, Rm. 3-136 Omaha, NE 68131
(531) 299-0303
fax: 531-299-0398

Website: [https://district.ops.org/DEPARTMENTS/CurriculumandInstructionSupport/EarlyChildhood/HeadStart.aspx](https://district.ops.org/DEPARTMENTS/CurriculumandInstructionSupport/EarlyChildhood/HeadStart.aspx)
Adult Services
Creighton University ESL Program
The Intensive English Language Institute provides English courses at a variety of levels so that students can enhance their English skills. Intensive English Language Institute participants must be 17 years of age or older and must have graduated high school. For international applicants, you must provide a bank statement showing the most recent 3 months of activity and a copy of your passport.

2500 California Plaza Omaha, NE 68178
Creighton Hall Global Engagement Office Suite 324, Third Floor
(402) 280-2221
Hours: Monday - Friday: 8AM - 4:30PM
email: ieli@creighton.edu
Website: https://www.creighton.edu/geo/ieli

Employment First/Temporary Assistance for Needy Families (TANF)
Employment first is Nebraska’s welfare reform program which helps families achieve economic self-sufficiency through job training, education, and employment preparation. They help assist people through the transition from welfare to the workforce. Under Employment First, the person and his/her case manager develop a self-sufficiency contract, which outlines the activities, services and responsibilities of the person and the State so that the person can achieve economic self-sufficiency.

Nebraska Department of Health and Human Services
Lincoln, NE 68509-5026
(402) 471-3121

Employment First: Lutheran Family Services
Services include: transportation, education and relocation assistance.
1941 S. 42nd St. Omaha, NE 68105
(402) 271-7300
Hours: Monday-Friday: 8:00-5:00 pm

Heartland Family Service
Heartland Family Services mission is to strengthen individuals and families through education, counseling, and support services with a focus on child and family well-being, counseling and preventing, housing, safety, and financial stability with the help of social workers. Some services include home based parenting time, mental health counseling, employee assistance, safe haven, and substance use treatment.

Eligibility requirements on certain programs.

Central Administration Office
2101 S. 42nd St. Omaha, NE 68105
Hours: Mon -Thursday: 8:30am - 8pm,
Fri: 8:30am - 5pm

Child & Family Well-Being
1941 S. 42nd St. Suite 375. Omaha, NE 68105
(402) 934-8810
Hours: Mon - Fri: 8:30am - 5pm

Sarpy Office
302 American Parkway. Papillion, NE 68046
(402) 339-2544
Hours: Mon & Tues: 8:30am - 7:30pm,
Wed: 8:30 - 5pm,
Thursday: 8:30am - 7pm,
Fri: 8:30am - 3pm

Domestic Violence/Sexual Assault Program- 24-hour crisis line: (800) 523-3666
email: info@heartlandfamilyservice.org
Website: https://heartlandfamilyservice.org/

Latino Center of the Midlands
The Latino Center of the Midlands works to enhance the lives of the Latino Community
through education for adults and youth. Services available in Spanish and English.
4821 S 24th St, Omaha, NE 68107
(402) 733-2720
Fax: 402-733-6720
Hours: 8:00am-5:00pm Mon-Sat, closed Sunday
Email: info@latinocenter.org
Website: http://www.latinocenterofthemidlands.org/

Metropolitan Community College
This program provides individuals with an opportunity to improve their skills on the path to a
high school diploma or post-secondary education. They offer the GED classes at various
locations across the Omaha metro and there is no fee for GED classes. If you are a student
over 18, you would need to be a resident of Nebraska for at least 30 days and should have a valid
Nebraska ID. You will have to call the office at the number listed above or go into the office
in person to schedule an orientation.
Fort Omaha, South Omaha, Sarpy County, Elkhorn and Fremont
(531) 622-2400
email: continuingeducation@mccneb.edu
Website: www.mccneb.edu

PFLAG (Parents/Friends of Gay and Lesbians)
This group was incorporated in 1992. Their members include people of the gay community as
well as parents, other family members, friends and allies of gay, lesbian, bisexual and
transgender persons. They offer support meetings on the 2nd Thursday of each month at
6:45pm to 9pm at Countryside Community Church and offer fourth Thursday of each month meetings at
6:30-9:00 pm in OneWorld Community Health Centers. They also offer a helpline where you can
chat about your feelings or get more information about their monthly meetings.
Countryside Community Church- Mary Hall
8787 Pacific St. Omaha, NE 68114
One-World Community Health Centers- North Tower
4910 S. 30th St. Omaha, NE 68107
PO Box: 390064
(402) 291-6781
email: info@pflag-omaha.org
**FINANCIAL ASSISTANCE**

**ACCESS Nebraska- Energy Assistance (LIHEAP)**
The Low-Income Home Energy Assistance Program (LIHEAP) helps low-income households remain safe and healthy through financial support to cover heating and cooling costs. LIHEAP particularly helps households paying a large share of household income for home energy to meet immediate household energy needs.

- No office/building.
- (1)800-383-4278- Rest of The State
- 402-595-1258- Omaha
- 402-323-3900- Lincoln
- Inquire services run 24 hours a day
- [http://dhhs.ne.gov/children_family_services/Pages/fia_energy.aspx](http://dhhs.ne.gov/children_family_services/Pages/fia_energy.aspx)

*A person needing assistance can either apply by phone, electronic application or paper application. To qualify for services your number of household members and combined income must meet a certain standard. For example; a one-person household has to either make $14,489 or less, Two person households have to either make $19,616 or less. Information relating to household income vs household size is located on the website.*

**Alegent Health Financial Assistance**
CHI Health helps pay for emergency and/or medically necessary medical care, particularly for patients without health insurance. They work hard to help our patients deal with their financial obligations in a way that is equitable and sensitive to their circumstances. They launched a system expressly designed to support those who are in financial distress.

*Eligibility:* To qualify for any assistance, uninsured/underinsured patients will be asked to complete a CHI Financial Assistance Application (available in multiple languages on website) which includes information relating to household income vs household size.

- (402) 323-3900- Lincoln
- (402) 595-1258- Omaha
- (402) 471-7256- TDD
- (800) 383-4278- Toll free
- Hours: Monday through Friday 8:00am - 5:00pm
- **Website:** [http://www.chihealth.com/financial-assistance](http://www.chihealth.com/financial-assistance)

**American Red Cross**
The Region provides vital services to the area 365 days a year—from responding to home fires in local neighborhoods to teaching first aid and CPR to community groups.

- 2912 S 80th Ave Omaha, NE 68124
- (402) 343-7700- Omaha/Council Bluffs Metro
- (402) 441-7997- Capital Area and Eastern Nebraska
- (308) 382-3790- Central and Western Nebraska
- (402) 294-5032- Red Cross Service Center at Offutt Air force Base
- **Website:** [https://www.redcross.org/local/nebraska/about-us.html](https://www.redcross.org/local/nebraska/about-us.html)

*American Red Cross of the Omaha/Council Bluffs Metro serves as the Nebraska/Kansas Region headquarters serves communities across Burt, Cass, Dodge, Douglas, Harrison, Mills,*
Pottawattamie, Sarpy, Saunders, Thurston and Washington counties.

**Connect2Compete - Cox Communications**
Cox’s Connect2Compete program is available if a K-12 child is living in the household, and must participate in one of the following government subsidy programs. National School Lunch Program (NSLP), Public Housing Assistance, Temporary Assistance for Needy Families (TANF) or the Supplemental Nutrition Assistance Program (SNAP).

(855)222-3252
Website to enroll: [www.connect2compete.org/cox](http://www.connect2compete.org/cox)

**DHHS Emergency Assistance Program**
Emergency Assistance helps with money and/or services for needy children and other household members when there’s an emergency situation. The program helps when the situation is threatening to the health or well-being of an eligible child and family.

A family has to have a child in the home and meet other criteria, including resource and income requirements, to be eligible for emergency assistance. Payments for emergency assistance may be made for expenditures related to accommodation, evacuation or non-medical transport. Payments are affected directly to the service provider.

**Economic Assistance:**
(402) 323-3900- Lincoln
(402) 595-1258- Omaha
(402) 471-7256- TDD

**Developmental Disabilities:**
(402) 471-8501- Lincoln
(402) 471-7256- TDD

**Medicaid Eligibility:**
(402) 473-7000- Lincoln
(402) 595-1178- Omaha
(402) 471-7256- TDD

Hours: Monday-Friday 8:00am-5:00pm
Website: [http://dhhs.ne.gov/Pages/default.aspx](http://dhhs.ne.gov/Pages/default.aspx)
Social Media: [https://www.facebook.com/NEDHHS/](https://www.facebook.com/NEDHHS/)
[https://twitter.com/NEDHHS](https://twitter.com/NEDHHS)
[https://www.youtube.com/user/NebraskaDHHS](https://www.youtube.com/user/NebraskaDHHS)

*A person needing assistance can either apply by phone, electronic application or paper application.*

**Douglas County General Assistance**
Chapter 68 of the Nebraska Statutes requires counties to provide for the poor of the county who are not eligible for any other governmental assistance and do not have a parent, stepparent, or spouse responsible for their support. These statutory requirements are the basis for the programs administered by the Department of General Assistance, which are considered to be “programs of last resort.”

**The Department’s Administrative Offices and Intake Center:**
1111 S. 41 St Ste. 220
Omaha NE 68105

**Primary Health Care Network Clinic:** Douglas County Health Center
4102 Woolworth Ave
Omaha, NE 68105
(402) 444-6215
Fax: 402-444-6332
Email: melissa.sewick@douglascounty-ne.gov
Hours: Monday through Friday 8am-4:30 pm
Closed Daily from Noon-1:00pm
Website: [https://generalassist.douglascounty-ne.gov/](https://generalassist.douglascounty-ne.gov/)

*Website to enroll: [www.connect2compete.org/cox](http://www.connect2compete.org/cox)*
Family Housing Advisory
Our programs reach low-to-moderate income persons seeking to avert a crisis and/or improve their housing, finances, and quality of life through a unique combination of services that change the way we think about money, saving, spending priorities, and preparing for the future, thereby, eradicating poverty and bringing about self-sufficiency, changing the landscape of impoverished communities and our city, one household at a time.

2401 Lake Street Omaha,
(402) 934-7921
Hours: Monday-Friday 8am-5pm.
Closed on the weekends
Website: www.fhcsinc.com

GreenPath Financial Wellness - Omaha Location
Help resolve financial concerns and get you on the path to financial success. GreenPath offers credit counseling and debt counseling over the phone and in person for convenience.

8031 W Center Rd #225, Omaha, NE 68124
Office: 888-776-6732
For Immediate Assistance: 800-550-1961
Debt Counseling in Person & by Telephone:
Monday-Thursday 7:00am - 8:20pm;
Friday 7:00am - 5:20pm;
Saturday 8:00am - 12:20pm.
https://www.greenpath.com/locations/omaha/
(*In person counseling is not offered during this time due to Covid-19.)

Heart Ministry Center
Provides the following services; clothing closet, food pantry, health & dental care, educational classes, youth mentoring, resource center, legal clinic, holiday meal baskets and gifts, and a Self-Sufficiency program for single, low-income mothers.

2222 Binney St Omaha, NE 68110
(402)451-2321
Fax: 402-502-3568
Hours: Case managers available Monday- Friday from 9:00 a.m. to 3:00 p.m.
Website: http://heartministrycenter.org/
The food pantry drive thru pantry hours are Tuesday- 10:00 a.m

Lions Club
Millard’s first service club, established in 1946, by community leaders and businessmen. They serve individuals who are of at least 18 years of age.

985541 Nebraska Medical Ctr, Omaha, NE 68198
(402) 559-5473
Location: Hy-Vee @ 14591 Stony Brook Blvd, Omaha, NE 68137
Hours: meetings are held the 2nd Monday of each month 6:30pm dinner/7:00pm meeting.
Make-A-Wish Foundation of Nebraska
We grant the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Omaha: 11836 Arbor Street  
Omaha, NE 68144  
(402) 333-8999  
Toll Free (800) 760-9474  

Lincoln Office: 8033 S 15th St. Suite B  
Lincoln, NE 68512  
(402) 475-9474  
Toll Free (800) 760-9474  

Kearney Office: 412 East 25th Suite D  
Kearney, NE 68847  
(308) 234-6612  

Website: http://nebraska.wish.org/

Nebraska 2*1*1
Provides free and confidential information and referral for help with food, housing, employment, health care, counseling and more  
Dial 211 or 402-444-6666 or 1-877-557-2200  
24 hours a day  
www.ne211.org

NE Telephone Assistance Program (NTAP)
NTAP assists qualifying low-income individuals with obtaining and keeping telephone services by lowering monthly service and connection rates.  
1605 Washington Street Blair, NE 68008  
(402) 426-6200  
1-888-262-2661- Toll-Free  
Fax: (402) 426-6300  
Hours: Monday-Friday 9am-5pm  
Website: https://www.abbnebraska.com/

Northeast Nebraska Community Action Partnership-Fremont Family Service Office (new)
Weatherization services which can reduce energy costs for a long period of time; some typical weatherization measures that may be done to your home include sidewall and attic insulation; infiltration work (caulking and weather stripping around doors and windows. *Information deemed accurate at time of publication Douglas County Community Mental Health Center 18 and glass repair); repair/replacement of furnace or heating unit. Emergency food and shelter program provides financial assistance to help customers with a partial one month past due utility or one month past due rent, resulting from an emergency; deposits are excluded from this funding. Homeless prevention and rapid re-housing program (HPRP) focuses on housing stabilization through temporary assistance that serves as a bridge to long-term stability. Tax preparation for low income individuals/families and senior citizens (60 & over).  
212 East 8th St Fremont, NE 68025  
(800) 445-2505  
Hours: Monday through Friday from 8:00 a.m. to 4:30 p.m. (appointments preferred)  
Website: https://www.nencap.org/
**Presbyterian Outreach**  
Health Equipment & Long-Term Planning (HELP) is a unique, nonprofit organization that improves quality of life and independence for seniors, adults and teenagers. Serving more than 7,000 people in eastern Nebraska and southwest Iowa, HELP comprises two programs: low-cost medical equipment rentals and long-term care planning.

- 1941 S. 42nd St., Ste. 200 Omaha, NE 68105  
- (402) 341-6559  
- Hours: Monday-Friday 9am-5pm  
- **Website:** [https://www.helpequipment.org/](https://www.helpequipment.org/)

**Rotary Club of Omaha**  
Scholarships for eligible students who must be seniors of current school year and attending an Omaha Metro school and were honored as a Rotary Honor Roll Student

- 13800 Eagle Run Dr, Omaha, NE 68164  
- (402) 937-8654  
- Meetings are held every Friday at 12pm at Champions Run  
- **Website:** [www.omaharotary.com/scholarship](http://www.omaharotary.com/scholarship)

**Salvation Army**  
Automated recording; be prepared to leave a message with a number for information on utility and energy assistance.

- 3612 Cuming St Omaha, NE 68131  
- Main phone: (402) 898-5900  
- Direct number for utility assistance: (402) 898-5966

**The Salvation Army Lied Renaissance Center**  
Divisional Headquarters & Social Services  
Resources for rental assistance, utilities assistance, transitional housing

- 3612 Cuming St Omaha, NE 68131  
- (402) 898-5966

**Sarpy County General Assistance**  
Provides financial assistance for rent, utilities, or non-food items. Restrictions: Eligibility is based on income and resources. Monthly income and resource guidelines vary based on the number of related persons in the household and current State of Nebraska poverty guidelines.

- 1308 E Gold Coast Rd, Papillion, NE 68046  
- (402) 593-2100  
- Hours: Monday - Friday 8:00 a.m. to 4:45 p.m.  
- **Website:** [http://www.sarpy.com/humanservices/general_assistance_program.html](http://www.sarpy.com/humanservices/general_assistance_program.html)

**St. Vincent de Paul Society**  
Contact agency and be prepared to leave a number. They will refer you to the nearest Catholic Church that may provide financial assistance. Listed is the location of their food pantry.  
*Call to set up a meeting to line up services if unable to meet your basic needs.

- 2101 Leavenworth St Omaha, NE 68102  
- (402) 346-5445  
- [http://svdpomaha.com/](http://svdpomaha.com/)
**Thriftology**
Emergency financial assistance for rent and utilities.
Clothing center: nominal donation, no cost with referral, job interview clothing available.
School Supplies for students K-12 at the beginning of the school term.
  549 North H St, PO Box 598, Fremont, NE 68026-0598
  (402) 727-6884
  Food Pantry hours: Tuesday 10am-2pm & Thursday 5pm-7pm
  *must schedule through a case manager.
  Donation hours: Tuesday & Thursday 10am-4pm
  **Website:** [https://www.fremontecodev.org/](https://www.fremontecodev.org/)

**Together Inc**
Food pantry and help finding temporary financial and transportation services
Together provides some short-term financial assistance for Rent, Utilities and Deposits to individuals and families to avoid or end homelessness and helps to find and apply for other available services.
  812 S 24th St, Omaha, NE 68108
  (402)345-8047
  Pantry hours: Monday-Thursday 10am- 4:30pm
  Friday 10am- 2pm
  Front door service hours Monday 1pm-3pm
  Tuesday 10am-3pm
  Thursday 10am-3pm
  **Website:** [http://togetheromaha.org/](http://togetheromaha.org/)

**VITA (Volunteer Income Tax Assistance)**
The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally, make $54,000 or less, persons with disabilities and limited English-speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals.
  2421 N 24th St Omaha, NE 68110
  (402) 472-6150
  **Website:** [http://www.neequaljustice.org/](http://www.neequaljustice.org/)
FOOD ASSISTANCE

“A Hand Up” Food Pantry First Presbyterian Church
The church is currently (Spring 2020) doing walk ups all day. They just request an appointment is made so they can have the food prepared and ready for pick-up. This is for their drive-up pantry. Client can receive a full pantry once a month.

Eligibility: 65 years and older
216 South 34th Street, Omaha, NE 68131
402-345-5383
Hours: Thursday, 3:30 PM – 5:15 PM (Not open holidays)
*Bring own plastic/paper bags, identity verification, social security cards for all members of the household, photo ID, proof of current address.

Bellevue Ministerial Association Food Pantry
Food pantry
1908 Hancock St. Bellevue, NE 68005
402-292-2961 (food pantry ext 263)
Hours: Tuesday & Thursdays 9am-4pm
*Must be Bellevue residents only, show proof of photo ID, proof of current address. This can include a utility bill, doctor state or gov mail received in the last 30 days. Social Security Card for all house hold members.

Benson Baptist Church
Food pantry provides emergency boxes of food, groceries, and other items.
6319 Maple St. Omaha, NE 68104
402-551-1512
Hours: Last Saturday of each month from 9:00 AM – 12:00 PM
(third Saturday of the month during November and December)
*Must provide photo ID and Social Security card.

Community Cupboard Food Pantry - Countryside Community Church
Community Cupboard provides a year-round food pantry.
No limit to the number of times you attend per year.
Mary Beth Link: 402-391-0350
8787 Pacific St Omaha, NE 68114 (gymnasium)
Hours: First Saturday of the month, 9:00 AM – 11:30 AM (arrive around 8:00 AM if possible)
*Must provide the number of people in the household, photo ID, and proof of residence (Utility bill, etc.)

First Lutheran Church’s Food Pantry
Food pantry – able to utilize pantry once every 30 days.
542 South 31st Street Omaha, NE 68105
402-345-7506
Hours: Tuesdays, 1:00 PM – 4:00 PM (closed first full week of each month for restocking)
*Must provide identity verification (photo ID or consulate card), Social Security number, and Proof of address.
Food Bank for the Heartland
10525 J Street, Omaha, NE 68127 (multiple locations throughout Omaha area)
402-331-1213
Hours vary upon location.
Email: info@foodbankheartland.org
*To find nearest location visit website: foodbankheartland.org

Heart Ministry Center
Pantry is open to the public once every 30 days.
2222 Binney Street, Omaha, NE 68110
402-451-2321
Hours: Tuesday: Seniors (55+) 10:00am-1:00pm
       Wednesday: 10:00am-1:00pm
       Thursday: 10:00am-1:00pm
       Friday: 11:00am-2:00pm
       Saturday: 9:00am-11:00am
Website: Heartministrycenter.org
*Pantry can be picked up on the east side of the Heart Ministry Centers new building.
eric@heartministrycenter.org

Heartland Hope Mission
You may visit the food and clothing pantry once every 30 days.
402-733-2077
Two Locations:
   2021 U St. Omaha, NE 68107 (back of building)
   Hours: Tuesday, 6:30 PM – 7:30 PM;
          Thursday 1:30 PM – 4:00 PM;
          Saturday 9:30 AM – 12:00 PM
   5321 S 139th St., Millard Plaza
   Hours: Second Saturday of each month, 10:30 AM – 11:30 AM ;
          Last Wednesday, 1:30 PM – 3:30 PM
*Senior citizens (60+) and the disabled (proof of disability required) may visit once every 21 days.
Must provide identity verification, photo ID for yourself, and proof of other members in the householder
(including social security numbers and/or date of birth).
(both locations will be a drive up pantry during the virus, stay in your cars, and follow the cones and
signs.)

Holy Cross Lutheran Church (Satellite Location of Project Hope)
Food Pantry
4117 Terrace Drive Omaha, NE 68134 opt 8
(402) 571-1622
Hours: Third Thursday of the month, 5:00 PM – 7:00 PM
First Saturday of the month, 8:00 AM-10:00 AM
office@holchurch.com
Must provide photo ID for head of household, Social Security card for every household member, and
piece of mail with current address.
Holy Family Door Ministry
1715 Izard St. Omaha, NE 68102
Pattie Fidone: 402-341-6561
Hours: Monday - Thursday, 9:00 AM – 12:00 PM
*Must provide identity verification, photo ID, social security card, proof of residence status, and proof of current mailing address.

Juan Diego Center
Food Pantry for low income families. Available to utilize once every 60 days.
5211 South 31st Street Omaha NE 68107
402-731-5413
http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html
Hours: Monday/Tuesday/Thursday/Friday, 9:30 AM – 11:30 AM
Wednesday, 4:00 PM – 6:00 PM
*Must provide social security cards for yourself & all household members, piece of mail postmarked in the last 30 days, and a valid photo ID.

Kountze Memorial Church Pantry
Food Pantry: Guest may access the pantry every week as needed
2650 Farnam St. Omaha, NE 68131
402-341-7761
Hours: Monday, 10:00 AM – 1:00 PM or on certain holidays that fall on Mondays and when Omaha public schools cancel classes due to the weather. Please call to confirm.
http://www.kmlchurch.org/index.php?option=com_content&task=view&id=56&Itemid=15
*Adults must have some form of identification and social security card for each child.

Life House Partnership
West Omaha food/diaper pantry.
11806 Prairie Lane Dr. Omaha, NE 68144
402-557-8205
Hours: 3rd Tuesday of the month from 6:00 PM – 8:00 PM
4th Saturday of the month from 10:00 AM – 12:00 PM.
Email: info@thelifehouseomaha.org

Loaves & Fishes Westminster Presbyterian Church
Food Pantry able to utilize once a week.
3416 Woolworth Ave Omaha, NE 68105
402-345-5423
Hours: Monday, 10:00 AM – 10:30 AM.
Doors open at 9:30 AM for snacks and coffee.

Lutheran Metro Ministry
Provides emergency food pantries at 3 locations.
4205 Boyd Street, Omaha, NE 68111
402.453.3774
www.lutheranmetromin.com
**Nebraska Department of Health and Human Services— SNAP Service**
Apply for benefits such as Medicaid and/or food assistance.

- 1 (855) 444-5556
- Website: Accessnebraska.ne.gov

**Omaha Vineyard Food Pantry**
Food Pantry: Each family is given a couple of bags of groceries.

- 7400 West Dodge Road, to the West of Target’s Main Entrance
- 402--393-9077
- Hours: Third Saturday of every month from 9:00 AM – 11:30 AM
- [http://www.omahavineyard.org/?page_id=77](http://www.omahavineyard.org/?page_id=77)

**Project Hope Food Pantry**
Food pantry, clothing pantry and personal care items pantry.

- 6201 North 60th Street
- 402-453-7649
- Hours: Mondays/Wednesday/Friday at 11am - 2:30pm.
- [www.projecthopeomaha.org](http://www.projecthopeomaha.org)

*Must provide photo ID, social security card for every household member, and piece of mail with current address, received within the last 30 days. The food pantry may be accessed once every 30 days.

**Saint Martin De Porres/Christ Child North**
Food Pantry able to utilize once every 30 days.

- 2111 Emmet St. Omaha, NE 68110
- 402-453-6363
- Hours: Monday/Tuesday/Friday, 9:00 AM – 1:00 PM
- [http://www.ccomaha.org/who-we-are/centers/](http://www.ccomaha.org/who-we-are/centers/)

*Must Provide Social Security cards for all household members, Piece of mail postmarked in last 30 days, and valid photo ID.

**Salem Baptist Church**
Food Pantry

- 3131 Lake Street Omaha, NE 68111
- Church: 402.455.1000
- Pantry: 402-505-9973
- Hours: Monday - Thursday, 10:00 AM – 1:00 PM
- foodpantry@salembc.org

Must provide photo ID for head of household and social security cards for all household members.

**Salvation Army Kroc Center**

- 2825 Y St, Omaha NE 68107
- 402-905-3500
- Hours: Monday through Friday: 5am - 9pm
- Saturday: 6am - 7pm
- Sunday: 1pm - 6pm
- [www.omahakroc.org](http://www.omahakroc.org)

*No qualifications. Age guidelines for kids. Anyone can become a member or apply for scholarships (based on income). Membership applications at front desk. Church open to everyone.
Shepherd of the Hills (Satellite Location of Project Hope)
Food pantry, clothing pantry and personal care items pantry.
  1725 S 60th St
  402-453-7649
  Hours: Third Saturday of the month from 10am - Noon at St. Matthew Lutheran Church
  www.projecthopeomaha.org
*Must provide photo ID, social security card for every household member, and piece of mail with current address, received within the last 30 days. The food pantry may be accessed once every 30 days.

Society of St. Vincent De Paul Food Pantry
Grocery store style food pantry with milk, meat, bread, canned fruits and veggies and fresh fruits and veggies.
  2101 Leavenworth St Omaha, NE 68102
  402-341-1688
  Hours: Tuesday and Thursday: 9:00 AM – 12:30 PM
  www.svdpomaha.com
*Must provide proof of identity, such as a photo ID and proof of mailing address

Stonebridge Christian Church, Omaha Campus
Partner with the Open Door Mission. No qualifications to access services. Kids programming available for birth through 5th grade during all services.
  15801 Butler Ave Omaha, NE 68116
  402-571-2038
  Hours: Auditorium: 8am, 9:30am, 11am
  Commons: 9:30am, 11am, 6pm
  Able to schedule visits as well.
  www.sb.church

Together, Inc.
Food pantry, provide case workers to help find housing.
Eligibility: Screening done over phone to determine eligibility. Must have a direct referral from a case worker, social worker, etc. to access. Must have 0 income or an immediate need for help. No screening eviction notices or utilities turn-off. Must be calling from a shelter. ID recommended but not needed.
WIC and SNAP outreach usually bi-weekly.
  812 S. 24th St, Omaha, NE 68108
  402-345-8047
  Hours:
  Services are appointment only.
  Pantry: Monday & Tuesday at 10am-3:30pm, Friday at 10am-2pm
  Together Inc.: 9am-3pm
  Access Point Services: Monday at 1pm-3pm,
    Tuesday at 10am-3pm
    Thursday at 10am-3pm.
  www.togetheromaha.org
Women United Ministries
Offers safe space for women needing to find shelter, food, clothing or group support. Food Pantry is able to utilize once every 90 days, by appointment only.

1202 E Browne St Omaha, NE 68110
402-591-0354

Hours: by appointment only
www.womenunitedministries.com

*Proof of address and ID for everyone in the household is needed.
FREE ACTIVITIES FOR FAMILIES

Hands-on-Habitat at Fontenelle Forest
ParentSavvy and Fontenelle Forest are partnering to provide these special educational, hands-on classes for pre-school age children and parents.
1111 Bellevue Boulevard North, Bellevue, NE 68005
(402) 731-3140
*The Details
Who: Adults with Children 3-5 years of age
When: 3rd Friday of the month | Registration opens the first of the month
Cost: Each parent is invited to bring up to 3 kids to these special classes for FREE 3 times a year!
With your admission to Hands-on-Habitat, you also receive $5 off your family membership to the forest.

Heartland Pride Events
Each year Heartland Pride produces a series of community-based pride events, including the Pride parade that is held in Downtown Council Bluffs, an annual Pride Pageant, and Pride Festival in Omaha with vendor and organizational fair, and various fundraising events throughout the year. These events generally occur in June or July and change each year.
Location: Baxter Arena
www.heartlandpride.org

First Fridays Old Market
First Friday is a free event celebrating local creativity in our historic neighborhood. Visit galleries to explore fresh perspectives and meet the artists.
23132 Pflug Rd, Gretna, NE 68028
(402) 332-4565
Held on the first Friday of each month: 6-9 PM

Jazz on the Green
Free Concerts in the Summer months. You will want to check the schedule as it is changing each year.
200 Douglas Street, Omaha, NE 68102
(402) 345-0202
Fax: 402-345-0222
Email: info@omahaperformingarts.org
Website: https://www.midtowncrossing.com/events/jazz-on-the-green/

Kaneko
Free art museum with interactive exhibits for kids. It is recommended to check the website before visiting, as they are closed for 6 weeks between the two exhibits they set up.
2 exhibits per year, 6 weeks per year
(402) 341-3800
Hours: 12-8 Tues-Fri & 11-5 Saturdays
Thekaneko.org
**Mormon Trail Center at Historic Winter Quarters**
Witness glimpses of the great "Mormon Migration" as you walk beside a covered wagon, pull a handcart climb in the bunks on a steam ship and imagine a railroad journey.

3215 State St, Omaha, NE 68112  
(402) 453-9372  
Hours: 9AM-9PM

**Santa Lucia Italian Festival**
Free Italian festival enjoy live music in a family setting!  
See Website for Entertainment lineup for 2020  
When: June 4th– 7th 2020  
Where: 725 Pierce St. Omaha, NE 68108  
(402) 342-6632  
Website: [https://www.santaluciafestival.com](https://www.santaluciafestival.com)

**Shakespeare On the Green**  
*CANCELED 2020 – RETURNS 2021*  
Annual outdoor free plays through University of Nebraska at Omaha  
- Shakespeare in Love  
- A Midsummer Night’s Dream  
Young Park 411 North Elmwood Road Omaha, NE 68132  
Website: [http://www.nebraskashakespeare.com](http://www.nebraskashakespeare.com)

**Summer Arts Festival**
Address: Mike Fahey Street between 10th and 14th Street – Downtown Omaha  
Website: [https://www.summerarts.org](https://www.summerarts.org)  
* CANCELED DUE TO COVID 19 – virtual summer arts festival alternative, stay tuned.

**The Greek Festival in Omaha**
Free festival which includes Greek folk dancing, Carnival rides and games, Authentic Greek music and optional food.  
Dates: August 21-23rd  
Where: Midtown at the St. John’s Greek Orthodox church  
Website: [http://www.greekfestomaha.com](http://www.greekfestomaha.com)
HOUSING & SHELTER

Bethlehem House
Bethlehem House helps assist women who don’t have a home and/or a healthy support system that are 19+ years and pregnant. Provides a nurturing and loving home during the pregnancy. The staff at the Bethlehem House help women create a plan for her and her child’s future. The goal is to provide a transition to independent living for the women and their baby.

Eligibility: No other children in custody, ideally less than 25 weeks pregnant but can be determined on case by case basis.

*Application/interview process required to make sure women are a good fit for program

2301 South 15th Street, Omaha, NE 68108
402-502-9224
Hours: Monday-Friday, 9:00 AM-4:00 PM

The Humble Lily – Bethlehem House Branch
High-end, second-hand clothing boutique. Provides affordable shopping for teens and women. Also serves as a donation hub, proceeds provide direct financial support to the Bethlehem House.

10730 Pacific St, Suite 114, Omaha, NE 68114
402-933-3366
Hours: Monday-Saturday, 10:00 AM–6:00 PM Sunday, 12:00 PM – 5:00 PM
Website: www.bethlehemhouseomaha.org
Social media:
https://www.facebook.com/BethlehemHouseOmaha
https://twitter.com/bethlehemhouseo

Community Alliance – Community Housing
Quality, safe, and affordable housing for adults with mental illness. Community Alliance owns or operates more than 200 housing units including supervised group living residences, cooperative, peer supported houses, and apartment complexes. They offer psychiatric and counseling services, primary health care, rehabilitation services, employment and community services, and family and peer support.

Eligibility: Ages 19 and older with a diagnosed SPMI
- Must be receiving supportive services through Community Alliance
- A written lease and security deposit are required
- Application: self-referred or be referred by community agency

4001 Leavenworth Street, Omaha, NE 68105
7117 Jones Cir, Omaha, NE 68106
402-341-5128
Hours: Monday-Friday, 8:30 AM – 5:00 PM
Website: www.community-alliance.org
Social Media:
https://twitter.com/Comm_Alliance
https://www.instagram.com/caomaha/
Family Housing Advisory Services
Provides housing services to individuals from low to moderate income. Counseling on homebuyer education, financial management services, tax assistance, foreclosure prevention services, and individual development. Also assist with the Fair Housing Center to fight landlord/tenant housing discrimination.

Main Office:
2401 Lake Street Omaha, NE 68111
402-934-7921
Hours: Monday-Friday, 8 AM-5 PM

South Omaha Office:
3605 Q Street Omaha NE 68107
402-546-1013
Hours: Monday-Thursday, 8 AM-5 PM

Council Bluffs, IA Office:
10 S 4th Street Council Bluffs IA 51501
712-322-4436
Hours: Monday & Wednesday, 8:30 AM-2 PM,
Tuesday, 8 AM-4 PM,
Thursday, 8:30 AM-4 PM

Website: http://www.fhasinc.org/
Social Media:
https://www.facebook.com/fhasincorg
https://twitter.com/fhasincorg

Garland Thompson’s Men’s Center
Length of Stay: 90 days.
Eligibility:
- Males (19 years and older) without children
- No registered sex offenders or open warrants
- Must be sober
*Walk-ins accepted
2705 North 20th Street East, Omaha, NE 68110
402-829-1571
Hours: Open 24 hours
Website:
https://www.opendoormission.org
Social Media:
https://www.facebook.com/OpenDoorMission
https://twitter.com/opendoormission
Habitat for Humanity
Empowering families on their path to becoming homeowners. Home repair and weatherization programs available.

1701 N. 24th St. Omaha, NE 68110
402-457-5657
Hours: Monday-Friday 8:00 AM- 5:00 PM
email: habitat@habitatomaha.org email: todd@creditadvisors.org
Website: https://habitatomaha.org/programs/homeownership/
Social Media: https://www.facebook.com/HFHOmaha
https://twitter.com/habitatomaha

Housing Assistance - Douglas County Housing Authority
Providing affordable housing in the greater Omaha Metropolitan area.
5404 N. 107th Plaza Omaha, NE 68134
402-444-6203
Hours: Monday-Thursday, 8:00 AM – 4:30 PM Fri/Sat/Sun closed
email: amber@douglascountyhousing.com
Website: http://www.douglascountyhousing.com/About.html

Joshua House
Joshua House is a men’s only 24-Hour Emergency shelter with 62 beds, full laundry, and full shower facilities. On-site case management assists with counseling/therapy referrals, housing resources, employment, and transportation. Health and dental services are provided by All Care Health Center.
Eligibility: Men 18 years and older.
*Registered sex offenders accepted if not on residential restriction list (can only stay 5 days)
1435 North 15th Street, Council Bluffs, IA 51501
712-322-7570
Hours: Open 24 hours
Check in from 4:00 – 6:00 PM daily; Must leave by 9:00 AM next morning
email: info@mohmsplace.org
Website: www.mohmsplace.org/p/joshua-house.html

Lydia House
Emergency services for single women and families in need of immediate assistance. They assist with emergency shelter, transitional living, and provide food. Case managers guide women & families through opportunities for life change. Special services provided for children, domestic violence, and family reunification. A 12 step treatment program is also available for residents.
Eligibility: Treatment is typically reserved for residents of Open Door Mission
2809 N 20th Street, Omaha, NE 68110
Open 24 hours a day
Website: https://www.opendoormission.org/
Emergency Shelter for women and families: 402-850-3842
Transitional living applications taken by appointment: 402-829-1545
For the treatment center:
Women contact: Steve @ 402-829-1534
Men contact: Pat @ 402-829-1555
The Micah House  
Length of Stay: About 30-45 days  
*Eligibility*: Women 18 and over with/without children. Male fathers accepted as well. *No registered sex offenders*  
*This is not an emergency shelter and a waitlist is available.*  
1415 Avenue J, Council Bluffs, IA 51501  
712-323-4416  
Open 24 hours  
Website: [www.themicahhouse.org](http://www.themicahhouse.org)  
Social Media:  
[https://www.facebook.com/MicahHouseIowa](https://www.facebook.com/MicahHouseIowa)  
[https://twitter.com/MICAHHouse_IA](https://twitter.com/MICAHHouse_IA)  

Murphy’s Turning Point  
Specializes in relapse prevention for men and women who are recovering from alcohol and drug addiction by offering affordable sober living three-quarter way homes. All homes are within a 2 block radius of bus stops. Applicants will interview with Zach prior to acceptance and rent is $105 a week.  
*Eligibility*: Must be clean/sober for 30 days upon interview. Minimum stay of 90 days. No registered sex offenders. Must be 18 years and over  
3 Locations:  
**Men Only**  
1110 North 31st Avenue, Omaha, NE 68131 (Men)  
3519 Leavenworth Street, Omaha, NE 68105 (Men)  
807 S 35th Ave, Omaha, NE 68105 (Men)  
Phone: 402-598-8639  
Hours: Mon-Sun, 9:00 AM - 5:00 PM  

**Cynthia House (Women only)**  
3119 Myrtle Avenue, Omaha, NE 68131  
Contact Zach McGuire email: housemanagerzach@gmail.com  
Website: [www.murphysturningpoint.com](http://www.murphysturningpoint.com)  

Omaha Housing Authority  
Public Housing Intake and Section 8 Departments. Family Services available here.  
For an appointment you will need: Picture ID, Social Security cards or proof of Social Security numbers for all members of your household, Birth certificates (all members under 18), Documentation of any income and assets, Proof of citizenship or eligible immigration status, Proof of custody of children such as a court order, guardianship or foster care  
If applicable please provide:  
- Disability or handicap verification  
- Marriage certificate  
- Divorce decree  
1823 Harney St, Omaha, NE 68102  
(402) 444-6900  
fax: 402 546-1069  
Hours: Monday – Thursday, 8:00 AM – 4:30 PM, Fri/Sat/Sun closed  
email: application@ohauthority.org  
Website: [http://www.ohauthority.org/](http://www.ohauthority.org/)
Open Door Mission (Business Offices)
Open Door Mission’s campus offers 816 safe, shelter beds to homeless men, women and children, serves over 2,000 hot, nutritious meals and provides preventive measures to more than 275 people living in poverty.

2828 North 23rd Street, Omaha, NE 68110
402-422-1111
Hours: Monday - Friday, 8:30 AM – 5:00 PM
email: odm@opendoormission.org
Website: www.opendoormission.org

Food, clothing, and furniture available to anyone in need at:
The Timberlake Outreach Center on the Open Door Campus
2107 E Locust Street, Omaha, NE 68110
402-829-1560
Hours: Tuesday, Wednesday, Friday, Saturday 9:30am-5:00pm

Project Houseworks
Provides free home repairs and modifications to low income senior homeowners.
2316 South 24th Street Omaha, NE 68108
(402)-965-9201
email: info@ProjectHouseworks.org
Website: http://projecthouseworks.org

Salvation Army - Community Support Mental Health
Provides assistance for 6 months to 1 year. Participants have access to staff assistance 24 hours a day.
Eligibility: Must be 19 years or older and diagnosed with an SPMI
3612 Cuming Street, Omaha, NE, 68131
402-898-6017
Hours: Monday - Friday, 8:00 AM – 4:00 PM
Website: www.salarmyomaha.org/programs-that-help/housing-and-homeless-services/community-support-mental-health/

Salvation Army -- Scattered Site/Harrington Homes
Provides an 18-month transitional housing for families and individuals to help reintegrate back into the community by providing housing, support services and assistance with obtaining affordable and safe permanent housing. Average of 6 month wait time.
3612 Cuming Street, Omaha, NE, 68131
402-898-7700
Hours: Monday - Friday, 8:30 AM – 4:30 PM
Website: www.salarmyomaha.org/programs-that-help/housing-and-homeless-services/scattered-site-harrington-homes/
Salvation Army -- THRU (Transitional Housing Residential Units)
Provides 12-month transitional housing that helps families and individuals reintegrate back into the community by providing housing, support services, and assistance with obtaining affordable and safe permanent housing. Average wait time is 6 months.
Eligibility: Must be homeless/legally evicted. Age 19 or older. Must meet income guidelines. Must have at least 30 days of sobriety. Must be 30 days medication compliant (if applicable)
3612 Cuming Street, Omaha, NE 68131
402-898-7700 x4760
Hours: Monday - Friday, 8:30 AM – 4:30 PM
Website: www.salarmyomaha.org/programs-that-help/housing-and-homeless-services/transtitional-housing-residential-units/

Salvation Army -- VA-Housing Opportunities Program
The VA-HOP program provides up to 24 months of transitional community-based housing for veterans and their families who are struggling with homelessness. The program provides a thorough needs assessment, and veterans also receive employment assistance, case management and referrals to community resources and housing opportunities. Veterans enrolled in the VA-HOP program experience a high rate of success, with 95 percent of participants remaining in their permanent housing choice for at least 12 months from the time of admission.
3612 Cuming Street, Omaha, NE, 68131
402-898-6017
402-898-5900
Website: https://centralusa.salvationarmy.org/renaissancevillage/provide-housing/

Siena Francis House
Provides emergency overnight shelter to men, women, and women with children. Serves meals to those living in poverty by providing meals to the homeless and hungry in the community which include breakfast, lunch on Sundays and holidays, hot and sack lunches, and dinners. Able to connect individuals with caseworkers to help individuals navigate the social service system and apply for various jobs and benefits. Provides free, residential chemical addiction treatment and mental health services to the homeless who suffer from addictions and dual-diagnosed illnesses - there is an application for this program. Offers apartments for $250/month rent. All other services are provided at no charge.
Eligibility:
• Men (19 years and older)
• Women (19 years and older) with/without children
*Registered sex offenders accepted
1702 Nicholas Street, Omaha, NE 68102
402-341-1821
Emergency Services: Monday - Sunday, Open 24 hours
email: information@sienafrancis.org
Website: www.sienafrancis.org
Stephen Center
Guests must check in by 5:30 PM daily
32 single beds for men, 32 single beds for women, 4 family rooms, 64 apartment buildings
Average Length of Stay: 30 days.
Eligibility: Must be 19 years or older unless with a parent. Men, women, and children eligible. No registered sex offenders. *Must be sober.
2723 Q Street, Omaha, NE 68107
402-731-0238
Open 24 hours
Intakes between 8AM - 4PM
emails:
info@stephencenter.org
marketing@stephencenter.org
www.stephencenter.org

Women’s Care Center of the Heartland (Bethlehem House)
Provide secure living for mothers who feel abandoned by friends and family
Offer to stay for 6 weeks until plans are made for future housing. Also provides family life programs and aftercare programs for graduated residents.
2301 South 15 Street, Omaha, NE 68108
402-502-9224
fax: 402-505-9016
Website: https://bethlehemhouseomaha.org/contact-us/

Youth Emergency Services -- The Maternity Home
The Maternity Group Home program provides services to runaway and homeless youth, ages 16 to 21 who are pregnant or parenting. Residents live in a family-style residence and work closely with case managers to set and accomplish several goals to develop the ability to function independently within the community.
Length of Stay: 18 months.
Eligibility: Runaway and homeless youth ages 16 to 21 who are pregnant or parenting
2679 Farnam Street, Suite 205, Omaha, NE 68131
402-345-5187
Monday - Friday, 8:00 AM – 5:00 PM
Website: www.yesomaha.org/what/maternity
Catholic Charities- Immigration of Legal Services Directory
This department provides quality, accessible, and affordable legal immigration assistance for people.
   5211 S 31st Omaha, Ne 68107
   402-939-4615
   Hours: Monday-Friday: 9:00am-5:00pm
   Website: https://www.ccomaha.org/program-and-services/immigration-legal-services

Center for Legal Immigration Assistance
Their mission is to open doors of equal opportunity to immigrants and refugees by providing quality, affordable immigration-related legal services which immigrants have identified as their number one need.
Eligibility: To receive services, must be an immigrant or refugee.
   3047 N. 70th Street Lincoln, NE 68507
   402-471-1777
   Hours: Monday-Thursday 8am-5pm
   Website: http://clianeb.org/
   Social Media: https://www.facebook.com/pg/CLIALNK/about/?ref=page_internal

Consulado de México en Omaha, Nebraska
The Consulate of Mexico for Omaha, Nebraska provides assistance in identification documents for residents of Nebraska and Iowa. The website provides information in Spanish.
   7444 Farnam St, Omaha, NE, 68114
   402-595-1841 Ext. 229
   Hours: Monday-Friday: 8am-5pm
   Saturday-Sunday: CLOSED
   Website: https://consulmex.sre.gob.mx/omaha/

Creighton Law Clinic- Immigration and Refugee Clinic
Aims to make an impact on lowering the numbers of people placed in U.S. immigration courts. They offer free legal assistance to low-income immigrants and refugees through the clinic.
Eligibility: Must be a resident of Douglas County and have low income status.
   Immigrant and Refugee.
   2500 California Plaza Omaha, NE 68178
   Mila Hotline: 855-307-6730
   Hours: Monday – Thursday 9:00am-11:am and 1:30-3:30pm
*The future clients don’t need to make an appointment. During the call the client is going to be interviewed to see if they could be eligible.*
Heartland Family Services
They offer Spanish Parenting Classes and Refugee Services to those who are in need
2101 S. 42nd street Omaha, Ne 68105
(402)-552-7400
Hours: Monday-Thursday: 8:30am-8:00pm
Friday: 8:30am-5:00pm
Saturday and Sunday: CLOSED
Website: www.heartlandfamilyservices.org

Immigrant Legal Center
The mission of the nonprofit organization is to welcome immigrants into the community by providing
high-quality legal services, education, and advocacy. Their values are justice, trustworthiness, and
empowerment. This is Nebraska’s largest immigration legal service that employs full-time licensed
attorneys and provides legal services to low-income immigrants.
4223 Center St, Omaha NE 68105
(402)-898-1349
Hours: Monday-Friday: 8:30am-4:30pm
Saturday-Sunday: CLOSED
Website: https://www.immigrantlc.org
Social Media: https://www.facebook.com/pg/Immigrantlc1/about/?ref=page_internal

International Center of the Heartland (Associated with Lutheran Family Services)
The ICH provides a single location for newly-arrived foreign-born Nebraska residents to get guidance and
culturally-appropriate expertise for their needs. They offer resources and services for refugees and
immigrants.
1941 S. 42nd St. Center Mall, Suite 402 Omaha, Ne 68105
402-536-3500
Fax: 402-827-3218
Hours: Monday-Friday: 8:00am-5:00pm
Website: https://www.lfsneb.org/location/international-center-of-the-heartland/

Juan Diego Center
Serves south Omaha with emergency and supportive food services, as well as family strengthening and
immigration legal services. They also offer referral and translation services for family immigration,
process applications for legalization, and education sessions.
5211 S. 31st St. Omaha, NE 68107
Phone: 402-731-5413
Fax: 402-731-5865
Hours: ?
Website: www.ccomaha.org/centers/juan-diego-center
*Offers Spanish and English*
Latino Center of the Midlands
This organization offers Spanish GED programs, math tutoring, technology training, English as a second language, drivers ed programs, family-based services, college outreach programs, Latino Youth Conferences, and U.S. Citizenship Exam Preparation. Their mission is Empowering youth and families through education and awareness to build a stronger and more engaged community.
4821 S. 24th St. Omaha, Ne 68107
402-733-2720
Hours: Monday - Friday 8:30am- 5:00pm
Website: www.latinocenterofthemidlands.org
Social Media: https://www.facebook.com/LatinoCenterOfTheMidlands
*Offers Spanish and English*

Learning Community Center
This organization works with children and their families to overcome challenges and offer opportunities through early childhood education, family engagement, and educational programs. Their vision is that all children within the LCC achieve academic success without regard to social or economic circumstances.
Locations:
South:
2302 M St, Omaha, NE 68107
Phone: (402) 502-5512
North:
1612 N. 24th Street Omaha, NE 68110
Phone: (402) 964-2405
Website: https://learningcommunityds.org/
Twitter: https://twitter.com/LearnComm
Facebook: https://www.facebook.com/learningcommunityds/

Lutheran Family Services
Services provided:
- Employment First
- Global Language Solutions
- (Interpretation Services)
- Immigration Legal Services
- Refugee Education & Employment
- Refugee Reception & Placement
- Refugee Support Program (Lincoln)
1941 South 42nd Street Omaha, NE 68105
402-536-3500
Hours: Monday-Friday 8:00am-5:00pm
Saturday-Sunday: CLOSED
Website: https://www.lfsneb.org/
Facebook: https://www.facebook.com/LFSneb/
Twitter: https://twitter.com/LFSNEB
Nebraska Appleseed
They are a nonprofit organization that fights for justice and opportunity for everyone in Nebraska. They work with issues such as child welfare, immigration policy, affordable health care and poverty. They also take their work wherever they feel they can do the most good in the community. They believe their job is to help clear the way and to work with the community to tear down obstacles that some may face.
941 O St. Suite 920 Lincoln, Ne 68508
Phone number for Legal advocacy for immigration policies: 402-438-8853
Intake and information line: 1-800-845-3746
Hours: Monday to Friday 9:00am-5:00pm
Website: www.neappleseed.org
Social Media:
Facebook: https://www.facebook.com/neappleseed/
Twitter: https://twitter.com/neappleseed?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

UNO International Studies ESL Program
Experienced instructors teach reading and vocabulary, grammar and writing, listening, pronunciation, TOEFL preparation, and critical-thinking skills. Instructors are available daily to meet with students to discuss their class work, language skills, and future academic plans. Applicants pay a $45 application fee and will need a copy of high school transcripts, bank statements, and completion of the school’s financial sheet for the program. Their mission is to provide a comprehensive, student-centered English as a second language program where students learn to communicate successfully in personal, professional, and academic environments.
6001 Dodge Street, ASH 241 Omaha, NE 68182
402-554-2293
Website: https://www.unomaha.edu/international-studies-and-programs/iluno/index.php
Email: world@unomaha.edu

Refugee Empowerment Center
The English classes help refugees improve their communication with others, further their education and job seeking abilities, and become more easily integrated into our community. Our Drivers Ed classes prepare students to take the “picture test” for either their learner’s permit or driver’s license. The classes include transportation to the DMV to obtain the permit or license. We currently have driver’s manuals translated to Arabic, Nepali, and Karen. The center also offers employment readiness courses that include topics like applying for a job, filing taxes, solving issues at work, and transferring skills into employment opportunities.
3610 Dodge St., Suite 100, Omaha, NE 68131
402-554-0759
Hours: Monday- Friday: 9am-5pm
Saturday-Sunday: CLOSED
Website: http://refugeeempowerment.org/
Social Media: https://www.facebook.com/RefugeeEmpowerment/
https://twitter.com/RefugeeEmpowmnt?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor
Abraham's Legal Clinic
Law students enrolled in the School of Law are supporting free legal assistance to low-income individuals and families that reside under Douglas County.
*Eligibility:* low-income resident of Douglas County & involved in civil matters.
*Applications* are taken over the phone **Monday-Thursday** at 402-280-3068 (8:30-4:00 PM)
- 2500 California Plaza
- Omaha Nebraska 68178
- 402-280-2700 (Receptionist)
*Website:* Creighton.edu
  [https://law.creighton.edu/clinics/abrahams-legal-clinic](https://law.creighton.edu/clinics/abrahams-legal-clinic)

Attorney Referral Line
Also known as Nebraska State Bar Association Volunteer Lawyers Project. They are located in Lincoln Nebraska, but will help locate within any county.
- 402-47507091 or 800-7423005

Center for Legal Immigration Assistance
“Exists to open doors of equal opportunity to immigrants and refugees by providing quality, affordable immigration-related services which immigrants have identified as their number one need.”
*Eligibility:* Must be looking for legal assistance (Refugee or Immigrant)
- 3047 N. 70th St
- Lincoln Nebraska 68507
- 402-471-1777
- Hours: Mon-Thurs (8 am to 5 pm)
  [https://clianeb.org/](https://clianeb.org/)
  [https://www.facebook.com/pg/CLIALNK/about/?ref=page_internal](https://www.facebook.com/pg/CLIALNK/about/?ref=page_internal)
*Must make an appointment beforehand to be seen by an attorney.*

Creighton Law Clinic
Law students enrolled in the School of Law provide legal assistance under two different domains, Immigrant & Refugee. Works alongside Abrahams Legal Clinic.
*Eligibility:* Low-income, and specific requirements to determine eligibility.
- 2500 California Plaza Omaha, NE 68178
- 402-280-3068
- Hours: Monday-Thursday

Immigrant and Refugee Clinic
- Hours: Monday – Thursday (9:00am-11:am and 1:30-3:30pm)
*Website:* [https://law.creighton.edu/clinics](https://law.creighton.edu/clinics)
Disability Claims Consultant
“Committed to providing compassionate representation to people with disabilities in order to protect their rights and to obtain the disability insurance benefits that they deserve now and in the future”.
Eligibility: Anyone that has a disability and needs representation conducting applications and appeals and also representing them to the Social Security Administration.

7911 L St
Omaha Nebraska 68127
402-422-1000 or toll free at 877-686-2244
Hours: Monday - Thursday (8 am - 4:30 pm) Friday (8 am - 12 pm)
Website: [http://www.dccomaha.com/How-We-Help.html](http://www.dccomaha.com/How-We-Help.html)

For The People
“They support and help prepare court documents, Bankruptcy files and other documents that offer a simplified means to represent themselves. They are not attorneys; they only provide guidance and services to clients’ specific needs.

Eligibility: Depends on specific needs of clients, (prices are registered on their website).

1910 S. 44 St
Omaha Nebraska 68105
402-502-9898
Hours: Monday - Friday (10:00 AM - 6:00 PM)
Email: ftpomaha@gmail.com
Website: [http://www.forthepeopleomaha.com/contact.php](http://www.forthepeopleomaha.com/contact.php)

Iowa Legal Aid
Their goal is to effectively communicate within interpretation service, and also help with civil law and other situations that require legal assistance.

532 1st Ave
Council Bluffs Iowa, 51503
712-328-3982 or Toll free 800-532-1275
Hours: Monday-Friday (9 am to 4:30 pm)
Website: [https://www.iowalegalaid.org//ila](https://www.iowalegalaid.org//ila)

Juan Diego Center
“This Catholic charity provides various services like, legal assistance to individuals and other similar aspects to renewal of documentation and benefits. They also provide pantry “relief bags” and other family services.

Eligibility: Specific questions will be asked throughout the phone interview.

5211 S 31st
Omaha Nebraska 68107
402-731-5413
Hours Monday-Friday (9 am - 4 pm)
Justice For Our Neighbors
“To welcome immigrants into our communities by providing high quality legal services, education, and advocacy.”
They have now merged alongside the Immigrant Legal Center, but still provide the same legal services and assistance to their clients. They provide support with Asylum, DACA, and Removal / Deportation Defense. *(Speaks Spanish)*

4223 Center St
Omaha Nebraska 68105
402-502-4604
Times made by Appointment
info@immigrantlc.org
https://www.immigrantlc.org

Legal Aid of Nebraska
Provide individuals legal assistance throughout various forms of contact. They have appointments online or in person, and they also have walk-ins from (Mon - Wed 1-4pm).
They want to be able to support and provide legal assistance to individuals. *Eligibility:* Based on household-income, demographic, citizenship and also legal information.
Admin office:
209 S. 19th St Suite 200
Omaha Nebraska 68102
402-348-1069
Speak Spanish (& they have online self-help portal)
https://www.legalaidofnebraska.org/contact/

Lutheran Family Services
This organization provides numerous services like, food and pantry, household services & support. Alongside with legal aid, they offer “Affordable, quality immigration legal assistance to refugees, immigrants and asylees. Family petitions, citizenship, permanent residence are some of the services. *Minimal fees for service are charged on a sliding scale.*

1941 South 42nd St
Omaha Nebraska 68105
402-536-3500
https://www.lfsneb.org

*You can also contact Khalif Hassan* (Manager, programs, immigration legal services)
khassan@ifsneb.org

Nebraska Appleseed
“A nonprofit organization that fights for justice and opportunity for all Nebraskans. Immigration, Child welfare, affordable health care policies are some of the main topics that they support clients with. “At Appleseed, we fight for justice and opportunity for all”.

941 O St (Suite 920)
Lincoln Nebraska 68508
402-438-8853
info@neappleseed.org
https://neappleseed.org/
Nebraska Bar Association
They are able to provide information on lawyers and other personnel that can be in assistance to any immigration related case or inquiry. They provide services to low-income individuals that live in Nebraska.

402-475-7091 or Toll free at 1-800-927-0117
https://www.nefindalawyer.com/

Nebraska Legal Aid
Provide individuals legal assistance throughout various forms of contact. They have appointments online or in person, and they also have walk-ins from (Mon - Wed 1-4pm).
They want to be able to support and provide legal assistance to individuals.
Eligibility: Based on household-income, demographic, citizenship and also legal information.
Admin office:
209 S. 19th St Suite 200
Omaha Nebraska 68102
402-348-1069
Speak Spanish (& they have online self-help portal)
https://www.legalaidofnebraska.org/contact/

Volunteer Lawyer Project
Individuals that are not able to provide financial support to hire their personal lawyer, can apply and could be eligible for pro bono services through this organization. Clients are asked to apply first to Legal Aid of Nebraska to see if they qualify. Some of the case types that they provide assistance for are in relation to employment, immigration, Bankruptcy, child custody and also divorce.
Eligibility: Based on income, case situation / type, and other pre-screening information.
635 S 14th St (Suite 200)
Lincoln Nebraska 65808
402-986-6501
https://nevlp.org/public-2/
MENTAL HEALTH SERVICES

Alliance Counseling Center

11920 Burt Street, Suite 190, Omaha, NE 68154
(402) 965-4004
Hours: Monday-Friday 9:00AM-7:00PM
Website: https://alliancecounselingomaha.com/
Facebook: https://www.facebook.com/alliancecounselingomaha/

Boys Town Behavioral Health Services
The Boys Town Center for behavioral health offers outpatient services for children of all ages who are experiencing behavioral, emotional, academic or substance abuse concerns. The Boys Town clinic helps infants, children, adolescents, adults and families find solutions to behavioral challenges such as anxiety, depression, anger management and more.

13460 Walsh Dr, Boys Town, NE 68010
(531) 355-3358
Hours: Monday-Friday: 8:00AM-5:00PM
Website: https://www.boystownpediatrics.org/behavioralhealth/Pages/default.aspx

Campus for Hope
This treatment program offers co-occurring residential and short-term residential programs for adults. For Co-occurring it would last around 4-6 months’ inpatient treatment. Sliding fee scale available.

1490 N. 16th St. Omaha, NE 68102
(402) 827-0570
Hours: Open 24 Hours
Website: http://www.centerpointe.org/programs/campus-for-hope.html

Capstone Behavioral Health
Mental health counseling provided in-home or in office, focusing on parent-child conflict, adolescent conflicts, step-family and adoption issues, parenting and communication skills, abuse issues; emotional and sexual, behavior issues; ADHD, anger management, impulse control, dependency issues, and emotional issues; unresolved grief/loss, depression, self-harm. Capstone Behavioral Health provides free or highly discounted services to those who qualify. These services include Outpatient Mental Health Treatment and Substance Abuse Evaluations.

1941 South 42nd St., Suite 328 Omaha, NE, 68105
(402) 614-8444
Hours: Monday-Friday: 8:30AM-5:00PM
Website: www.capstonebehavioralhealth.com
Email: info@capstonebehavioralhealth.com
Catholic Charities of Omaha Behavioral Health Services
Providing life-changing behavioral health services to children, adults and families living with mental health and substance misuse issues. Counseling services are grounded in Catholic values and social teaching, including early intervention, prevention, improved behavioral and emotional functioning and accessible care.

3300 N. 60th St. Omaha, NE, 68104
(402) 554-0520
Hours: By appointment only
Website: https://www.ccomaha.org/program-and-services/behavioral-health
Facebook: https://www.facebook.com/CatholicCharitiesOmaha
Twitter: https://twitter.com/ccomaha
*Accepts most insurance, NOT Medicaid  
Must pay at time of services – no sliding scale available.

Charles Drew Health Center, Inc.
This organization has a sliding fee scale for the uninsured. They have a Pre-screening to determine if behavioral health services are needed. Their services can be reached out at the Charles Drew Health Center at Grant street, St. Richards, Homeless Health Centers like the Siena Francis House, Public Housing Health Centers, and school-based health centers.

Programs: Omaha Healthy Start; Family Life Planning; Fatherhood Services

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<tr>
<td>2915 Grant St. Omaha, NE, 68111</td>
<td>5319 N. 30th St, Suite A, Omaha, NE 68111</td>
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<tr>
<td>(402)810-9758</td>
<td>(402) 810-9758</td>
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<tr>
<td>Hours: Monday-Friday: 8:00AM-6:30PM</td>
<td>Hours: Monday-Friday 8:00AM-5:00PM</td>
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<tr>
<td>Saturday 9:00AM-12:00PM</td>
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Website: www.charlesdrew.com

CHI Health Lasting Hope Recovery Center
We offer a safe, revitalizing environment to support your healing, and we pledge to work with you to develop a treatment plan that embraces your own unique hopes and strengths. CHI Health Adult Programs incorporate the latest knowledge on patient strengths, trauma sensitivity, mental health, substance use and recovery support from graduates of similar programs. Services: Acute inpatient, outpatient, psychiatric home care, outpatient, outpatient continued care, outpatient relapse, intervention counseling. Must be referred to most of these services.

415 S. 25th Ave Omaha, NE 68131
(402) 717-5300
Hours: Open 24 hours
Information and Referral Line: 402-717-HOPE
Nebraska Family Helpline: 1-888-866-8660
Suicide Hotline: 1-800-273-TALK
Website: https://www.chihealth.com/en/services/behavioral-care/lasting-hope.html

Child Saving Institute
Child Saving Institute's licensed therapists specialize in child and family therapy. They provide the support, skills, and knowledge necessary to improve family relationships and reduce the painful impact of traumatic life events like abuse and neglect, divorce, or family violence.

**Main Office:** 4545 Dodge St., Omaha, NE 68132  
(402) 553-6000  
Toll Free: 866-400-4274  
Hours: Monday-Friday 6:30AM-6:00PM  
Accepts most insurance, including Medicaid.  
Sliding fee scale available for those who meet specific qualifications.  
**Website:** [https://childsaving.org/services/therapy](https://childsaving.org/services/therapy)  
**Facebook:** [https://www.facebook.com/csiomaha](https://www.facebook.com/csiomaha)  
**Twitter:** [https://twitter.com/ChildSaving](https://twitter.com/ChildSaving)

**Douglas County Community Mental Health Center**

Services are provided on a sliding scale, based upon income. Provide high quality, comprehensive mental health care for the underserved of Douglas County. The Community Mental Health Center strives to create a least restrictive, safe, and appropriate environment. This goal, in conjunction with our Mission, Vision and Values calls us to uphold the dignity of the individual while providing excellence in the delivery of care. **Eligibility:** Services are for adults age 19 or older, who are residents of Douglas County and/or the Region 6 area and are uninsured.

4102 Woolworth Avenue Omaha, NE, 68105  
Acute Inpatient Psychiatric Hospital: 402-444-3375  
Day Treatment: 402-444-7777  
Patient Assistance Program: 402-444-7905  
Psychiatric Outpatient Program: 402-444-7931  
**Spanish translators available.**  
**Website:** [http://cmhc.douglascounty-ne.gov/cmhc-home](http://cmhc.douglascounty-ne.gov/cmhc-home)

**Family Works**

Family Works is partnered with Heartland Family Service to provide residential substance abuse treatment for pregnant women and women parenting young children.

**Central Administration Office:**  
2101 South 42nd Street  
Omaha, NE 68105  
(402) 552-7400  
Hours: Monday-Thursday 8:30AM-8:00PM  
Friday 8:30AM-5:00PM  
**Email:** info@HeartlandFamilyService.org  
**Website:** [www.heartlandfamilyservice.org](http://www.heartlandfamilyservice.org)

**Nebraska Family Works Location:**  
4847 Sahler Street Omaha, NE 68014  
(402) 342-9555  
Hours: Monday-Thursday 8:30AM-8:00PM  
Friday 8:30AM-5:00PM

**Sarpy Office:**  
302 American Parkway Papillion, NE 68046  
(402) 339-2544  
Hours: Monday-Tuesday 8:30AM-7:30PM  
Wednesday 8:30AM-5:00PM  
Thursday 8:30AM-7:00PM  
Friday 8:30AM-3:00PM  
**Email:** info@HeartlandFamilyService.org  
**Website:** [www.heartlandfamilyservice.org](http://www.heartlandfamilyservice.org)

Heartland Family Service Mental Health Counseling – Multiple locations
MENTAL HEALTH SERVICES

Professional therapy for individuals, couples, and families. Counseling Services share a central focus on therapeutic services in order to treat current mental health and substance use issues, manage chronic illnesses, and intervene earlier to limit occurrences through education and prevention services.

**Most major insurance plans accepted, including Medicaid. Services are offered on a sliding fee scale for those without insurance.**

**Central Office:**
2101 South 42nd St. Omaha, NE 68105
(402)552-7400
Hours: Monday thru Thursday 8:30AM-8:00PM
Friday 8:30AM-5:00PM

**Gendler Center:**
515 E. Broadway, Council Bluffs, IA 51503
(712) 322-1407
Hours: Monday thru Thursday 8:00AM-7:30PM
Friday 8:00AM-2:30PM
Saturday 8:00AM-12:00PM

**Sarpy Office:**
302 American Parkway, Papillion, NE 68046 (*specializes in domestic violence)
(402) 339-2544
Hours: Monday 8:30AM-7:30PM
Tuesday 8:30AM-8:00PM
Wednesday 8:30AM-5:00PM
Thursday 8:30AM-7:00PM
Friday 8:30AM-3:00PM

**Website:** [www.heartlandfamilyservice.org](http://www.heartlandfamilyservice.org)
Facebook: [https://www.facebook.com/HeartlandFamilyService](https://www.facebook.com/HeartlandFamilyService)
Twitter: [https://twitter.com/heartlandfam](https://twitter.com/heartlandfam)
Pinterest: [https://www.pinterest.com/heartlandfamily/](https://www.pinterest.com/heartlandfamily/)

**Immanuel Hospital Partial Hospitalization**
All services utilize a partial hospitalization program – a short-term, ambulatory, active treatment program to help adult mental health patients regain balance in body, mind and spirit through therapeutically intensive and structured clinical services. When a patient has reached maximum benefit from the partial program, follow-up outpatient care is arranged.

*Accept most major insurance plans, including Medicare and Medicaid. Financial Assistance is available for those who qualify.

**CHI Health Immanuel:**
CHI Health Immanuel offers Senior Psychiatric, Adult Psychiatric and Child/Adolescent Dependency services for ages 5-18.
7101 Newport Avenue, Suite 202, Omaha, NE, 68152
(402)572-3270 for adults
(402) 572-2870 for children/adolescents
(402)572-3490 for seniors
Hours: Open 24 Hours

**Mercy Hospital:**
Mercy Hospital location offers Child/Adolescent Dependency services ONLY.
800 Mercy Drive, McDermott Pavilion, 1st floor, Council Bluffs, IA, 51503
(712) 328-5919

**Language Access Services available** 24 hours a day by calling 402-398-5622
**Website:** [www.chihealth.com](http://www.chihealth.com)

Inroads to Recovery
MENTAL HEALTH SERVICES

Psychiatric Evaluations and Medication Management, Outpatient Psychotherapy, Substance Use Evaluations, Intensive-Outpatient Therapy (IOP), Opioid/Alcohol/Methamphetamine Use Treatment, Chemical Education Classes.
*Accept most major insurances, including Medicaid. They DO NOT accept CHI insurance. There is no sliding fee scale available.

Residential Location:
2808 N 75th St, Omaha, NE 68134
(402) 932-2248
Hours: Monday-Thursday 8:30AM-4:45PM
Friday 8:30AM-2:45PM
Website: http://www.inroadstorecovery.com/

Munroe-Meyer Institute
Behavioral Health Specialists provide clinical services for a wide variety of infant, child, and adolescent behavioral, social-emotional, developmental and physical, and cognitive disabilities.
*Accepts most insurance, including Medicaid.

Main Office: 444 South 44th St., Omaha, NE 68198 (Therapists available throughout Omaha).
(402) 559-6418
Toll-free at 800-656-3937 ext. 4025596418
Hours: Monday-Friday 8:00AM-5:00PM
Telehealth services are available by contacting 402-559-5730
Website: https://www.unmc.edu/mmi/departments/psychology/psych-behavioralhealth.html

Nebraska Mental Health
NebraskaMentalHealth.com provides centralized access to local and regional mental health information in a single location. The goal of NebraskaMentalHealth.com is to expand knowledge about mental health terminology and to help connect those in need with the mental health information, treatment, and services. The website includes: Basic mental health information, Local therapist information, Links to mental health related sites on the local, state, and national levels; and Other resource addressing basic needs (such as transportation, food pantries, and utility assistance)
Website: https://nebraskamentalhealth.com/

Nebraska Urban Indian Health Coalition (NUIHC)
NUIHC provides inpatient substance abuse services, including therapy, to Native Americans, completely free of charge. There is a ¾ way house, Eagle Heights, available to all Native Americans as well. Provides outpatient mental health services, including substance use evaluations, to Native Americans, as well as all other underserved populations. New sex-trafficking program and bi-weekly relapse prevention program available.
*Most insurance plans accepted, including Medicaid and Medicare
Generous sliding fee scale available for those without insurance
*Transportation is provided by inner tribal staff or PONCA Transportation Services

Website: http://www.nuihc.com/

NOVA Treatment Community
NOVA provides inpatient and outpatient residential services for adolescents and adults. Treatment goals include attaining sobriety and social competence, stabilizing mental health and utilizing coping skills, accepting responsibility, functioning in group and community settings, attaining academic grade levels in core subjects, working toward improving relationships with families, peers, teachers, and others.

*Most insurance plans accepted
*Transportation is provided to/from approved outside appointments.

Website: www.novatc.org
8502 Mormon Bridge Rd. Omaha, NE, 68152
(402)455-8303
Email: admissions@novatc.org
Hours: Monday-Friday 8:00AM-5:00PM

**OneWorld Community Health Center**
OneWorld works with patients to manage depression, family concerns, anxiety, trauma, risky behaviors, chronic diseases, child and adolescent well-being, ADHD, substance abuse, family violence, and more.

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<tr>
<th>Bellevue:</th>
<th>Northwest:</th>
<th>Plattsmouth:</th>
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<tbody>
<tr>
<td>2207 Georgia Avenue, Bellevue, NE, 68005</td>
<td>4229 N. 90th St. Omaha, NE, 68134</td>
<td>122 South 6th Street, Plattsmouth, NE, 68048</td>
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<tr>
<td>(402) 502-8855</td>
<td>(402) 401-6000</td>
<td>(402) 296-2345</td>
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<td>Hours: Monday thru Friday 8:00AM-5:00PM</td>
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**Teen & Young Adult Health Center South:**
4310 S. 24th St. Omaha, NE, 68107
(402) 502-8880
TEXT: 402-903-8630
Hours: Monday, Tuesday, Wednesday, Friday: 9:00AM-6:00PM
Thursday 8:00AM-5:00PM
Sat 9:00AM-1:00PM (Saturday open dates may vary)

**West:**
4101 S. 120th St. Omaha, NE, 68137
(402) 505-3907
Hours: Monday thru Friday 8:00AM-5:00PM

**Website:** http://www.oneworldomaha.org/
Facebook: https://www.facebook.com/oneworldchc
Twitter: https://twitter.com/oneworldchc
Instagram: https://www.instagram.com/oneworldchc/

*Work with both English and Spanish, other language interpreters available upon request.
*Accepts most insurance, including Medicaid. Offers a sliding fee scale.

**Teen and Young Parent Program**
Nebraska Early Childhood Collaborative connects new parents to counseling services through the Teen & Young Parent Program.

3200 North 30\textsuperscript{th} St., Suite 200, Omaha, NE, 68111
(531) 999-3900
Hours: Monday-Friday 8:00AM-5:00PM

Website: https://nebraskaearly.org/community-services/teen-young-parent-program/
Facebook: https://www.facebook.com/NebraskaEarly/
Twitter: https://twitter.com/nebraskaearly
Instagram: https://www.instagram.com/nebraskaearly/
Assure Women’s Center
Women who think they may be pregnant and aren’t sure of what next steps to take can come talk to Assure Women’s Center where they will provide you all the services and resources you may need at no cost.
Appointments only and contact office to find out what information you will need to bring.
Main Office: 6510 Sorensen Parkway, Omaha, Nebraska 68152
West Omaha Office: 14225 Dayton Circle Suite 2, Omaha, NE 68137
402-704-3374
Hours: Appointment only
   Monday and Wednesday: 9am-5pm,
   Tuesday and Thursday: 3pm-8pm,
   Friday: 10am-3pm

Bellevue Clothing Pantry
Provides clothing to needy families 1 bag per family
206 East 23rd Avenue Bellevue, NE 68005
402-291-3378
Hours: Appointment Only
   Tuesday and Thursday: 12pm - 4pm
*Offers Spanish and English services

Catholic Charities
Provide baby food, formula, diapers, bags, booster seats, blankets, bottles and more family needs
3300 N. 60th St. Omaha, NE 68104
402--554-0520
Hours: Contact first before arriving,
   Monday-Friday: 9am-5pm
Website: https://www.ccomaha.org/program-and-services/family-services

Essential Pregnancy Services
Offers pregnancy testing, ultrasound and STD/STI testing at no cost. EPS also provides Beginning Essentials program to help pregnant and parenting mothers care for their children until 18 months as well as baby boutiques, shopping and educational opportunities, professional counseling and other resources.
6220 Maple Street, other locations in Benson and Bellevue
Call: 402-554-1000
Text: 402-669-5563
Hours: Appointment preferred, walk-ins available.
   Monday: 8am - 4pm
   Tuesday: 11am - 3pm
   Wednesday: 12pm - 5pm
   Thursday: 9am - 4pm
   Friday: 9am - 1pm
OTHER MATERIAL ASSISTANCE

www.essentialps.org/
www.facebook.com/epsnebraska/
www.instagram.com/epsnebraska/
www.twitter.com/EPSSNebraska/

*Photo ID needed. Insurance or money is not needed for services as they are completely free.

Heart Ministry Center
Food Pantry, urgent care clinic, job placement program, dental clinic, case management, client volunteer program and additional services.
2222 Binney Street Omaha, NE 68110
402-451-2321
Food Pantry Hours: Tuesday: Seniors (55+) 10:00am – 1:00pm
   Wednesdays: 10:00am – 1:00pm
   Thursdays: 3:30pm – 5:30pm
   Friday: 11:00am – 2:00pm
   Saturday: 9:00am – 11:00am
Urgent Care Clinic Hours: Wednesdays and Fridays: 9:00am – 11:30am
Heartministrycenter.org
Social Media:
https://www.facebook.com/HeartMinistryCenter
https://twitter.com/HeartMinistry

*Fresh Start Job Placement and Gary L. Maag Dental Clinic by contact/appointment only.

Lifehouse Partnership
Food pantry and diaper bank focused on helping families near the Prairie Lane and Westwood neighborhoods.
Able to receive diapers once a month for 6 months.
11806 Prairie Lane Dr. Omaha, NE 68144
402-557-8205
Hours: Open on 3rd Tuesday of the month from 6pm – 8pm
4th Saturday of the month from 10am – noon
Website: http://lifehousepartnership.org/ (website under construction)

*Pantry follows income guidelines set by the Department of Health & Human Services and requires clients provide name, address, and household size. Income verification not required.
Diaper Bank requires each client show ID and proof of Nebraska WIC services or a proof of monthly income.

Open Door Mission (Timberlake Outreach Center)
Partners with local agencies to provide monthly assistance with food, clothing, household goods, furniture and appliances.
2107 E. Locust Street Omaha, NE 68110
402-422-1111
Hours: Monday – Friday 8:30AM – 5:00PM
Website: opendoormission.org
Social Media:
https://www.facebook.com/OpenDoorMission/
https://twitter.com/OpenDoorMission
https://www.instagram.com/opendoormission/
Stephen Center Thrift
Provides clothing- people may receive vouchers to shop at no cost.
*Currently closed until relocation (Spring 2020)*
(402) 731-0238
Website: www.stephencenter.org
Social Media:
https://www.facebook.com/StephenCenterOmaha/

Together Inc.
Together Inc. provides food, formula, diapers, crisis housing, provide funds, help with transportation and help get documents and help with referrals to other resources
812 South 24th Street, Omaha, NE 68108
402-345-8047
Client Hours: Monday- 10:00AM- 4:30PM
Tuesday- Thursday 9:00AM- 2:00PM
Friday- 9:00AM- 2:00PM
Pantry Hours: Monday- Thursday- 10:00AM- 3:30PM
Friday- 10:00AM- 2:00PM
Website: togetheromaha.org

Women's Care Center of the Heartland
Contact office for baby supplies, diapers, formula or for medication needed for you or your children
10701 S. 72nd St. Suite 100 Papillion, NE 68046
402-827-9400
Website: http://www.heartlandwomenshealth.com/
PARENTING ASSISTANCE

Behaven Kids Omaha
Outpatient help for children who are showing behavioral problems in school, child-care, or at home. This could mean anything from small issues such as potty training, to aggressive outbursts, or even mental illness. Services are offered from 18 months to 8 years. The center offers outpatient services that include a Specialized Day Program, therapy, psychiatry, and virtual therapy.

Eligibility: Parents must attend regular family counseling sessions at the center

Omaha office:
8922 Cumming St, Omaha, NE, 68114
402-926-4373
Hours: Monday - Friday, 6:00 AM – 6:00 PM

Lincoln office:
1145 High Street, Lincoln, NE 68502
402-423-6464
Hours: Monday - Friday, 6:00 AM – 6:00 PM

Boys Town Common Sense Parenting
Provides parenting classes for parents of kids ranging from toddler age to 16 years. Helps parents develop techniques to deal with struggles in communication, school, relationships, self-control, and discipline. An additional class is offered for parents with children experiencing ADHD.

13603 Flanagan Blvd, Boys Town, NE 68010
(531) 355-1059
Hours: Monday - Friday, 8:00 AM – 5:00 PM

Website: https://www.boystown.org/parenting/Pages/common-sense-parenting.aspx

Center for Healthy Families (Lutheran Family Services)
Provides parenting classes, education and support groups, specialized programming for pregnant or parenting teens, groups and classes to promote the involvement of fathers in parenting and family life, wellness-based incentive program for young parents to get necessary baby and toddler items like diapers, formula, car seats, and strollers.

- Services available in English and Spanish
- Specific Qualifications for Eligibility
- Certain programs are for teens only.

North Omaha Location:
3040 Lake St #124
Omaha, NE 68111
Malika Isandari:
(402) 504-1733
Hours: Monday - Friday, 8:00 AM – 5:00 PM; Closed on Weekends

Website: https://www.lfsneb.org/new-clients/
**Charles Drew Health Center, Inc.**
This organization has a sliding fee scale for the uninsured. They have a Pre-screening to determine if behavioral health services are needed. Their services can be reached out at the Charles Drew Health Center at Grant street, St. Richards, Homeless Health Centers like the Siena Francis House, Public Housing Health Centers, and school-based health centers.

**Programs:** Omaha Healthy Start; Family Life Planning; Fatherhood Services

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**Website:** [www.charlesdrew.com](http://www.charlesdrew.com)

**Child Saving Institute - Parent Education/Teen and Young Parent Program**
Offers parenting workshops and classes, teen and young parent classes, and SAFE programs. Their workshop classes are free to help develop better parenting skills to ensure a stronger bond with your child. The teen parent program provides pregnant and parenting young people, ages 13-24, with support services and parent education. The SAFE program includes school challenges, valuable parenting skills, home management skills, and connection with community resources. Also provides a free 8-session class called the Circle of Security Parenting (COS-P) where you can collaborate with other parents/caregivers in a group setting to better understand and strengthen relationships.

*Parenting Workshop Schedule available on website.*

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<th>4545 Dodge St, Omaha, NE. 68132</th>
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<td>(402) 553-6000</td>
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<td>Hours: Monday - Friday, 6:30 AM - 6:00 PM</td>
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<td>Ramey Stillman: 402-504-3638 or <a href="mailto:rstillman@childsaving.org">rstillman@childsaving.org</a></td>
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**Website:** [https://childsaving.org/services/parenting-classes.html](https://childsaving.org/services/parenting-classes.html)

**Early Childhood Services/ Nebraska Early Childhood Collaborative**
Provide quality childcare and education. They offer Teen & Young Parent Programs and is also an Early Childhood Network of Excellence. The Teen Parent Program provides an array of services for young men and women with limited resources who are currently expecting or parenting a child 0-5 years old. The early childhood network of excellence is full of childcare providers who are there to improve their programs without increased costs for families.

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<thead>
<tr>
<th>1111 N 13th Street, Suite #128, Omaha Nebraska 68102</th>
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<tr>
<td>(402) 559-1080</td>
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<td>(531) 301-3021</td>
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<td>Hours: Open Monday - Friday, 8:00 AM – 5:00 PM</td>
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**Website:**
[https://nebraskaeary.org/](https://nebraskaeary.org/)
Educares of Omaha
A research-based program that prepares vulnerable, young children for school. Specially designed place that nurtures early learning and sends a bold message about the value of investing in the first five years.
2123 Paul St. Omaha, Nebraska 68102 at Kellom Elementary
(402) 898-1783
Hours: Monday - Saturday, 7:00 AM – 6:00 PM
Website: https://www.educareschools.org/schools/omaha/

Essential Pregnancy Services (EPS)
EPS provides life-affirming, holistic support to women experiencing an unplanned pregnancy in a compassionate and respectful environment with two locations in Omaha and one in Bellevue. We provide free pregnancy testing, STI screening and treatment for chlamydia and gonorrhea for women, and limited first trimester ultrasounds in a private and confidential setting. No parental consent or insurance is required to protect your privacy. Nurse consultations will help you understand the options for your pregnancy, to parent, make an adoption plan or abort, discuss your health, and empower you to make an informed decision. Other free services include counseling, case management to connect you to resources in the community, educational classes on parenting and life skills, and material support through our baby boutique. Classes offered in English and Spanish.

Helpline: (402) 554-1000
text: (402) 669-5563

Location 1
908 West Mission Avenue, Bellevue, NE 68005 (Bellevue Center)
(402) 933-2988
fax: (402) 933-2804
Appointment & Walk-in Hours: Thursday:
10AM – 7PM
Friday: 8AM – 2PM
Saturday: 8AM – Noon, every other Saturday
Boutique Hours: For Beginning Essentials participants only.
Friday: 9:00AM – 10:00AM

Location 2
6220 Maple Street, Omaha, NE 68104 (Benson Center)
Appointments Welcome
Fax: (402) 614-3253
Appointment Hours: Tuesday: Noon – 4PM
Wednesday: Noon – 5PM, STI Clinic Day
Boutique Hours: For Beginning Essentials participants only.
Tuesday: 5PM – 7:30PM
Wednesday: 1PM – 4PM
Thursday: 11AM – 2PM

Location 3
3029 North 93rd Street, Omaha, NE 68134 (Maple Village Center)
(402) 763-8768
Fax: 402.763.9183
Appointment & Walk-in Hours: Monday: 8AM – 4PM
Tuesday: 11AM – 7PM
Wednesday: Noon – 5PM
Thursday: 9AM – 4PM
Friday: 9AM – 3PM
Jewish Family Services
JFS is focused on providing the services individuals, couples and families require when facing challenges in their lives. Financial assistance, counseling, Project Tzedakah, Project Dreidel and family life education; these are among the ways that JFS restores dignity, hope and meaning.

333 South 132nd St, Omaha NE 68154
(402) 330-2024
Fax: (402) 697-7019
Hours: Mon-Thurs: 9:00 am-6:00 pm, Fri: 9:00 am- 1:00 pm, closed on weekends
Website: http://jfsomaha.com/

Nebraska’s Children’s Home Society
Help improve the capacity of children to enjoy productive and fulfilling lives by creating, supporting and preserving families through an array of services. Free prenatal and child development education classes, one-on-one & home-based services for young parents, study groups & tutoring for young parents, classes for high school & middle school girls, support groups for parents & grandparents and information resources and referrals are available. We welcome all caregivers. Meals and childcare are provided at each class. There are also many adoption services as well. They help you start the adoption process, how to get prepared, and help once you adopt a child. They have classes to help foster parents prepare, and to provide safe homes for children of all ages.

4939 S 118th St, Omaha, NE 68137
(402) 451-0787
Fax: (402) 898-7750
Hours: Monday - Friday, 8:30 AM – 4:30 PM; Closed on weekends.
Website: https://www.nchs.org/

Parent Training Institute
Statewide resource for families of children with disabilities and special health care needs. Provide training, information, and support to Nebraska parents and others who have an interest in children from birth through 26 and who receive or might need special education or related services.
-Services available in English and Spanish
1941 S. 42nd St. Suite 205, Omaha, NE
(402) 346-0525
Website: http://pti-nebraska.org/

Safe Haven Community Center
A Christian organization that provides Early Childhood & Parent education training and conferences for free. In alliance with R.E.A.D.S (Right to Educate Advocate for Dyslexia Students & Special Education) and offers education training and tutoring for youth and adults who struggle with reading, dyslexia, and dysgraphia. Can also receive referrals from DHHS Employment first, ResCare DHHS Caseworkers, and other non-profits.
2895 Binney Street, Omaha, NE 68111
Director: Gwen Easter
(402) 706-1358
e-mail: safehavencommunitycenter@yahoo.com
Social Media: https://www.facebook.com/safehavencommunitycenter/
Dental Services

All Care Health Center Dental Clinic
Uses sliding fee scales based on income for those without insurance. Bring proof of income.

Main location:
902 S 6th St.,
Council Bluffs, IA 51501
(712) 256-9151
After hours: 712-325-1990
Hours: Monday - Thursday 8:00AM- 7:00PM, Friday 8:00AM-5:00PM
Website: https://www.allcarehealthcenter.org/services/dental-2-2/

Lakin Campus Dental Clinic:
1415 Avenue J, Suite 2
Council Bluffs, IA 51501
(712) 388-4660
Lakin Campus hours: Thursday 8:00AM-5:00PM

Alpine Dental
2811 N. 90th St. Omaha, Ne 68134
(402) 391-0459
Hours: Monday-Friday 8:00AM-5:00PM
Saturday 8:00AM-1:00PM
Sunday Closed
Website: https://www.alpinedentalassociates.com/
Facebook: https://www.facebook.com/alpinedentalassociates/
Twitter: https://twitter.com/AlpineDentalNE

Dr. Anne Aiello
119 N. 51st St., Ste 400 Omaha, NE 68132
(402) 554-1600

Bellevue Pediatric Dentistry
Dr. Angeli Thankker
11511 S. 42nd St., Ste. 101 Bellevue, NE 68123
(402)291-5400
Hours: Monday 8:30AM-5:00PM
Tuesday 8:30AM-5:00PM
Wednesday 8:30AM-5:00PM
Thursday 8:30AM-5:00PM
Friday 8:30AM-12:00PM
Website: https://bellevuepediatricdentistry.com/
Facebook: https://www.facebook.com/bellevuepediatricdentist/
Dr. Cade Hunzeke
2430 S. 179th St. Omaha, NE 68130
(402) 330-1131
Hours: Monday 8:00AM-12:00PM
Tuesday 8:00AM-5:00PM
Wednesday 8:00AM-5:00PM
Thursday 8:00AM-2:00PM
Friday 8:00AM-12:00PM
Website: http://www.drcade.com/
Facebook: https://www.facebook.com/drcadehunzeker

Charles Drew Health Center
Locations:
2915 Grant St. Omaha, NE 68111
(402)453-1433
Hours: Monday-Friday 8:00AM-6:30PM
Saturday 9:00AM-12PM
Website: https://charlesdrew.com/
Facebook: https://www.facebook.com/CharlesDrewHCOmaha
Twitter: https://twitter.com/cdhcomaha

Children’s Dental Specialist
Dr. Scoot Seiler
5118 N. 156th St. Omaha, NE 68116
(402) 932-9263
Hours: Monday 8:00AM-6:00PM
Tuesday 8:00AM-6:00PM
Wednesday 8:00AM-5:00PM
Thursday 8:00AM-5:00PM
Friday Hospital/IV appointments only
Website: https://www.dds4kidz.com/
Facebook: https://www.facebook.com/dds4kidz/
Instagram: https://www.instagram.com/dds4kidz/

Children’s Dentistry of South Omaha
2424 Oak St. Omaha, NE 68105
(402) 932-5553
Hours: Monday 8:00AM-4:00PM
Tuesday 8:00AM-4:00PM
Wednesday 8:00AM-4:00PM
Thursday 8:00AM-4:00PM
Friday 8:00AM-2:00PM
Saturday and Sunday Closed
Website: https://www.southomahachildrensdentist.com/
Facebook: https://www.facebook.com/ChildrensDentistrySouthOmaha/
Creighton University Dental Services
2109 Cuming St. Omaha, NE 68102
Adult appointment 402-280-5990
Pediatric Appointment 402-280-2863
Hours: 7:00AM-4:00PM
  August-April: Mon.9:00AM-5:00PM
    Tues.8:00AM-5:00PM
    Wed.1:00PM-5:00PM
    Thur.8:00AM-12:00PM
    Fri.1:00PM-5:00PM
  Summer Hours: Mon. 8:00AM-12:00PM
    Tues.1:00PM-5:00PM
    Wed-Fri.8:00AM-12:00PM
Website: https://dentistry.creighton.edu/patients

OneWorld Community Health Center Dental Clinic
English and Spanish speakers, other language interpreters available upon request.
*Transportation is available in certain areas. Call 402-734-4110 to schedule a ride.
Accepts most insurance, including Medicaid.
Offers a sliding fee scale.
Website: http://www.oneworldomaha.org/
Facebook: https://www.facebook.com/oneworldchc

Multiple Locations:

Livestock Exchange Campus:
4920 South 30th Street,
Omaha, NE 68107
(402) 932-7204
Hours: Monday, Tuesday, Thursday:
  8:00AM-5:00PM
  Wednesday: 9:00AM-5:00PM
  Friday: 8:00AM-4:00PM

OneWorld Bellevue:
2207 Georgia Avenue,
Bellevue, NE 68005
(402) 502-8855
Hours: Monday, Tuesday, Thursday:
  7:00AM-5:00PM
  Wednesday: 9:00AM-12:00PM
  Friday: 7:00AM-4:00PM

OneWorld Northwest:
4229 N. 90th Street,
Omaha, NE 68134
(402) 401-6000
Hours: Monday, Tuesday, Thursday:
  8:00AM-5:00PM
  Wednesday: 9:00AM-5:00PM
  Friday: 8:00AM-4:00PM

OneWorld West:
4101 S. 120th Street,
Omaha, NE 68137
(402) 505-3907
Hours: Monday, Tuesday, Thursday:
  8:00AM-6:00PM
  Wednesday: 9:00AM-6:00PM
  Friday: 8:00AM-4:00PM
**Papillion Pediatric Dentistry**
Most insurance plans accepted. Please check with your insurance company to see what is covered. Patient/parent is responsible for the remaining cost, due at time of service.
Payment plans available through CareCredit (a third-party financing company that offers low- and no-interest payment plans for qualifying patients). Call for details

**Dr. Jane Bennett**
545 Fortune Dr, Suite. 400, Papillion, NE 68046
(402) 502-1256
Email: drjane@janebennettdds.com
Hours: Monday, Tuesday, Thursday: 8:00AM - 5:00PM
Wednesday: 8:00AM - 4:00PM (when not at Hospital)
Thursday: 8:00AM - 5:00PM
Friday: Hospital Surgery
Website: [https://www.janebennettdds.com/](https://www.janebennettdds.com/)

**Pediatric Dental Specialists of Greater Nebraska**

**Dr. Pete Harbert**

**Omaha Location:**
2410 S. 73rd St.
Omaha, NE 68124
402-512-5711
Hours: Monday-Thursday 8:00AM-5:00PM
Friday 7:30AM-12:00PM

**Hastings location:**
601 N. St Joseph Ave Hastings, NE 68091
402-462-6557
Hours: Monday-Thursday 8:00AM-5:00PM
Friday 7:30AM-12:00PM

**Grand Island Location:**
425 Diers Ave
Grand Island, NE 68803
308-381-4452
Hours: Monday-Thursday 8:00AM-5:00PM
Friday 7:30AM-12:00PM

**North Platte location:**
321 East 3rd Street
North Platte, NE 69101
308-534-1332
Hours: Monday-Thursday 8AM-5PM
Friday 7:30AM-12:00PM

Website: [https://www.mypediatricdentspecialists.com/omaha/](https://www.mypediatricdentspecialists.com/omaha/)

**Skyline Pediatric Dentistry**
Most insurance plans accepted, including Medicaid.
Payment plans available for those who qualify.
Children 12 and under

**Dr. Nicholas Woodward, DDS**
1404 N. 203rd St, Suite. 102, Elkhorn, NE 68022
402-289-1574
Hours: Monday, Tuesday, Thursday 7:30AM-5:00PM
Every other Thursday is surgery day
Wednesday and Friday: 7:30AM-12:00PM
Website: [https://pediatricdentistwestomaha.com/](https://pediatricdentistwestomaha.com/)
Smile Academy
Most insurance plans accepted. Please check with your insurance company to see what is covered.
Patient/parent is responsible for the remaining cost, due at time of service.

**Dr. Darin Kotil**
14450 Eagle Run Drive, Suite. 290, Omaha, NE 68116
402-964-9009
Email: info@smileacademyomaha.com
Hours: Monday, Tuesday 8:00AM-5:00PM
      Wednesday, Thursday 8:00AM-3:00PM
      Friday 8:00AM-2:00PM

**Website**: [https://www.smileacademyomaha.com/](https://www.smileacademyomaha.com/)
**Facebook**: [https://www.facebook.com/drdarinkotil?fref=ts&ref=br tf](https://www.facebook.com/drdarinkotil?fref=ts&ref=br tf)
**Twitter**: [https://twitter.com/DrKSmileAcademy](https://twitter.com/DrKSmileAcademy)

Smiles 4 Kids
Most insurance plans accepted. Please check with your insurance company to see what is covered.
Patient/parent is responsible for the remaining cost, due at time of service.

311 North 76th St., Omaha, NE 68114
402-235-5443
Hours: Monday thru Thursday 8:00AM-5:00PM
      Friday 8:00AM-2:00PM

**Website**: [https://www.smiles4kidsomaha.com/](https://www.smiles4kidsomaha.com/)
**Facebook**: [https://www.facebook.com/Smiles4KidsOmaha/](https://www.facebook.com/Smiles4KidsOmaha/)

Summit Dental Health
More than 20 locations for your convenience.
Most insurance plans accepted - Please check with your insurance company to see what is covered.
Dental Discount Plans available, for those without insurance, for an affordable annual fee.
Patient/parent is responsible for the remaining cost, due at time of services.
Call 402-799-1147 for the location nearest you.

**Website**: [https://summitdentalhealth.net/](https://summitdentalhealth.net/)
**Facebook**: [https://www.facebook.com/SummitDentalHealth](https://www.facebook.com/SummitDentalHealth)

Taylor Dentistry Dr. Mark Taylor
17455 Manderson Street Omaha, Nebraska 68116
402-333-0274
Hours: Monday 8:00AM-5:00PM
      Tuesday 9:00AM-6:00PM
      Wednesday 9:00AM-6:00PM
      Thursday 8:00AM-5:00PM
      Friday 8:00AM-3:00PM
      Saturday 8:00AM-2:00PM
      Sunday Closed

**Website**: [http://www.taylordentistryomaha.com/practice%20information.htm](http://www.taylordentistryomaha.com/practice%20information.htm)
UNMC - College of Dentistry Pediatric Dental Clinic
Most insurance plans accepted. Please check with your insurance company to see what is covered. Significantly reduced fees
CareCredit available. (a third-party financing company that offers low- and no-interest payment plans for qualifying patients)

Specialty Pediatric Center:
8200 Dodge Street, 2nd floor, Omaha, NE 68114
402-559-6100
Hours: Monday thru Friday 8:00AM-4:00PM
Website: https://www.unmc.edu/dentalservices/pediatric-clinic/
Facebook: https://www.facebook.com/unmccod/

Weeder Pediatric Dentistry
Most insurance plans accepted. Please check with your insurance company to see what is covered. Patient/parent is responsible for the remaining cost, due at time of services.
CareCredit available. (a third-party financing company that offers low- and no-interest payment plans for qualifying patients)

Dr. Greg Weeder
9825 Giles Road, Suites A & B, La Vista, NE 68128
402-932-1177
Hours: Monday thru Wednesday 8:00AM-5:00PM
Friday 8:00AM-4:00PM
Website: https://www.weederdental.com/
Facebook: https://www.facebook.com/WeederDental

West Maple Dentistry Specialists
Most insurance plans accepted. Please check with your insurance company to see what is covered. Payment Plans available for those who qualify.

Dr. Lourdes Secola
14270 W. Maple Road, Omaha, NE 68164
402-491-3100
Email: Info@westmapledental.com
Hours: Monday, Tuesday, Thursday and Friday 8:30AM-5:00PM
Wednesday: Closed
Website: https://www.westmapledental.com/
Medical Services

Angels Care Home Health
Home Health agency that provides quality home health care services by offering cost effective service focused on each patient’s unique needs. Services are provided without regard to race, color, natural origin, sex, handicap or age.
  10842 Old Mill Rd #1, Omaha, NE 68154
  402-934-4752
  Hours: Monday-Friday 8:00AM-5:00PM
  Website: www.angelscarehealth.com

Charles Drew Health Center
Medical services include: Radiology, Ophthalmology, Minor Surgery, Family Practice/OB, General Medicine, Internal Medicine, Pediatrics, Podiatry, Cardiology, Eye Services, Psychiatry & Behavioral Health, HIV/AIDS and STD testing.
Payment expected the day of appointment unless arrangements have been made, sliding fee scale (based on family size and income).
  2915 Grant Street P.O. Box 111609, Omaha, Nebraska 68111-3863
  Main clinic contact numbers: 402-451-3553
  (Medical): 402-453- 1433
  After-Hours/Emergencies: 402-536-6000
  Hours: Monday – Friday: 8:00AM – 6:30PM
  Saturday: 9:00AM– 12:00PM Noon
  Website: http://charlesdrew.com/medical-program/
  Offers Spanish and English

Charles Drew Maternal Child Health Center
Provides prenatal and postnatal care, provides access to preventive child-care services, access to quality care.
Services geared for those with low incomes, however not a requirement.
  2915 Grant St, Omaha, NE 68111
  402-451-3553
  Hours: Monday - Friday 8:00AM-6:30PM
  Saturday: 9:00AM-12:00PM Noon
  Website: http://charlesdrew.com/medical-services/maternal-child-health/

Creighton University MAGIS Clinic
Services include basic acute primary care consultations and follow-up, physical exams, mental health care, STD testing, laboratory services, including basic blood tests; pharmaceuticals. Psychiatric clinic is by appointment only.
Clinic is open to everyone and is a free clinic; no insurance required.
  1111 North 17th St, Omaha, Ne 68102
  402-881-0143
  Email: magisclinic@creighton.edu
  Hours: Saturday 1:30PM-6:00PM (Acute Care Clinic)
    Every other Saturday 9:30AM-1:00PM (Psychiatric Care Clinic)
    Every other Wednesday 5:30PM-8:00PM (Sexual Health Clinic)
  Other services are by appointment only and have special events once a month.
  Website: https://medschool.creighton.edu/magis/services/
**Essential Pregnancy Services**
Pregnancy testing, ultrasounds, STI testing & treatment, confidential counseling services & education. It is our desire to provide our no-cost services in a hassle-free, confidential and convenient atmosphere. Provides a free program called “Beginning Essentials” for anyone who receives a service (available from pregnancy until the child is 18 months old).

*Locations:*

**Bellevue**
Located at: 908 West Mission Ave, Bellevue, NE 68005
Contact: 402-933-2988
Hours: Thursday 8:00AM-12:00PM
          Friday 10:00AM-2:00PM

**Benson**
Located at: 6220 Maple St, Omaha, NE 68104
Contact: 402-554-0121
Hours: Monday 12:00PM-5:00PM
          Tuesday 2:00PM-7:00PM
          Wednesday 12:00PM-5:00PM
          Thursday 2:00PM-7:00PM
          Friday 12:00PM-5:00PM
          CLOSED: Sat, Sun

**Maple Village**
Located at: 3029 North 93rd St, Omaha, NE 68134
Contact: 402-763-8768
Hours: Monday 8:00AM–3:00PM
          Tuesday 11:00AM–3:00PM
          Wednesday 11:00AM–3:00PM
          Thursday 11:00AM-5:00PM
          Friday 11:00AM-1:00PM
          CLOSED: Sat, Sun

**24-Hour Hotline:** 402-554-1000
**Website:** [https://essentialps.org/findus/](https://essentialps.org/findus/)

**Healing Gift Free Clinic**
Provides basic medical services to those who are underinsured or uninsured in the Omaha metro area. Appointment only. Clinicians can prescribe certain medicines with their onsite pharmacy.
2650 Farnam Street, Omaha, NE 68131
402-614-4357 ext. 1
Hours: Thursdays 4:00PM-6:00PM
**Website:** [https://healinggiftfreeclinic.com/our-purpose/](https://healinggiftfreeclinic.com/our-purpose/)

**Ifys Home Healthcare, Inc.**
Home Health agency that provides care for recovering, disabled, chronically or terminally ill individuals who prefer to stay at home but may be required by the physician to receive ongoing care. Care provided can include: medical, nursing, social, or therapeutic treatment and/or assistance with activities of daily living. Home Health Care is ideal for patients who have recently been discharged from the hospital. Services are provided without regard to race, color, natural origin, sex, handicap or age.
11711 Arbor St. #210, Omaha, NE 68144
402-330-4198
Hours: 24 hours a day
**Website:** [www.ifyshomehealthcare.com](http://www.ifyshomehealthcare.com)
Munroe-Meyer Institute
Provides comprehensive medical and health care services through interdisciplinary clinics and evaluations or single discipline assessments and treatment.
*Accepts most insurance, including Medicaid.
444 South 44th St, Omaha, Ne 68198
(402) 559-6418. Toll free: 1-800-656-3937 ext. (402) 559-6418
Hours: Mon-Fri 8:00AM-5:00PM
Website: https://www.unmc.edu/mmi/community-resources/community-services/health-programs.html

Nebraska Urban Indian Health Coalition
Provides a professional primary health clinic to best support the Native Americans and others within the area. To obtain services you must be 18 years or older and enrolled in a federally recognized tribe.
*Provides services for those who are uninsured and accepts most insurance plans.

Omaha
2240 Landon Court,
Omaha, NE 68102
(402)346-0902
Hours: Monday-Friday: 8:00AM-5:00PM
Website: http://www.nuihc.com/health-care-services/

Lincoln
2331 Fairfield Street
Lincoln, NE 68521
(402)434-7177
Hours: Monday-Thursday 8:00AM-5:00PM
Friday 8:00AM-4:00PM
(closed 12:00PM-1:00PM for lunch)

North Omaha Area Health Clinic
Provides general medical services to those who are unable to pay for care. The rates are reduced and sometimes no-cost. Cost depends on income. No insurance needed.
5620 Ames Ave, Omaha NE, 68104
(402) 933-0737
Hours: Monday & Friday 12:00PM-5:00PM
Tuesday & Thursday 12:00PM-6:00PM, Saturday 12:00PM- 4:00PM
Website: https://www.noahclinic.org/

Planned Parenthood
Planned Parenthood is a healthcare provider, and informed educator. They deliver vital reproductive healthcare, sex education, and information to millions of people worldwide.
*Most health insurance plans cover birth control, annual wellness exams, and HIV and STI screenings with no copay. Services are available on a walk-in basis.

Omaha
3105 North 93rd St, Omaha, NE 68134
(877) 811-7526
Hours: Monday: 8:00AM-4:00PM
Tuesday: 11:00AM-7:00PM
Wednesday: 12:00PM-8:00PM
Thursday: 9:00AM-4:00PM
Friday: 9:00AM-5:00PM
Saturday: 10:00AM-3:00PM
CLOSED: Sunday

Council Bluffs
1604 2nd Ave,
Council Bluffs, IA 51501
(877) 811-7526
Hours: Monday: 12:00PM-8:00PM
Wednesday: 9:00AM-3:00PM
Friday: 9:00AM-3:00PM
CLOSED: Tuesday, Thursday, Saturday, Sunday

Locations continue on next page.
Planned Parenthood (continued)
Lincoln
5631 South 48th St Suite 100, Lincoln, NE 68516
(877) 811-7526
Hours: Monday 9:00AM-5:00PM
   Tuesday 8:00AM-4:00PM
   Wednesday 12:00PM-8:00PM
   Thursday 9:00AM-5:00PM
   Friday 9:00AM-5:00PM
   Saturday-Sunday Closed
Hotline: 402-553-6361
Website: www.plannedparenthood.org/

Think Whole Person Healthcare Clinic
One of the largest independent primary care centers in the U.S specifically geared towards serving the needs of patients with chronic conditions who need ongoing care coordination to keep them on goal and out of the hospital.
7100 West Center Rd., Omaha, NE 68106
(402) 506-9000
Hours: Monday-Friday 8:00AM-5:00PM
Website: www.thinkhealthcare.org

Think Whole Person Healthcare Thinkquick Urgent Care
Urgent care facility specifically designed to cater for minor ailments in a convenient and cost-effective manner.
7100 West Center Rd., Omaha, NE 68106
(402) 506-9000
Hours: Monday-Friday 7:00AM-8:00PM
Saturday, Sunday, and Public Holidays 9am-5pm
(Closed on Thanksgiving and Christmas)
Website: www.thinkhealthcare.org

Visiting Nurse Association
When VNA arrives at your door, you can expect to be taken care of, wherever you call home. Backed by a tradition of nursing, VNA offers a wide range of in-home and community-based services to individuals of all ages and stages of life.
Locations:
Omaha
12565 West Center Rd Ste. 100,
Omaha, Ne 68144
(402) 216-0701
Hours: Monday-Friday 7:45AM-6:00PM
Toll Free: 1-800-456-8869
Emergency: (402) 619-0615
Website: www.thevnacares.org

Council Bluffs
822 South Main St.,
Council Bluffs, IA 51503
(712) 328-3390
Hours: Monday 7:45AM-6:00PM
Pharmacy
All Care Health Center – Pharmacy
Offers discounted pharmacy services through the All Care Health Center
   902 S 6th St. Council Bluffs, IA 51501
   (712) 256-6583
   Hours: Monday - Thursday 8:00AM- 7:00PM
          Friday 8:00AM- 5:00PM
          Saturday 9:30AM- 12:00PM
   Website: https://www.allcarehealthcenter.org/services/pharmacy-2/
Offers Spanish and English

Charles Drew Health Center- Pharmacy
*Available only for Charles Drew Health Center patients.
340b pharmacy that provides prescriptions at discounted costs.
   2915 Grant St, Omaha, NE 68111
   (402) 451-3244
   Hours: Monday - Friday (9:00AM-6:00PM),
          closed (1:00PM-2:00PM) every day
   Website: http://charlesdrew.com/medical-services/pharmacy/

Think Whole Person Healthcare Pharmacy
On-site pharmacy with drive-thru and personal clinical pharmacists who work to ensure your medications are safe, used to maximum effect, and dispensed at the lowest price.
   7100 West Center Rd., Omaha, NE 68106
   (402) 506-9010
   Hours:  Monday-Friday 7:00AM-9:00PM
          Saturday-Sunday 9:00AM-5:00PM including the drive-thru
   Website: www.thinkhealthcare.org
Arc of Nebraska
Non-profit organization in Lincoln, Nebraska. The Arc of Nebraska is committed to helping children and adults with disabilities secure the opportunity to choose and realize their goals of where and how they learn, live, work and play. 

Eligibility: Essence of The Arc of Nebraska exists in our desire to see all people with intellectual and developmental disabilities live meaningful lives within the communities of their choice. We are dedicated to raising awareness of our cause and advocating with and for those in need.

215 Centennial Mall S # 508, Lincoln, NE 68508
(402) 475-4407
Open Monday-Friday: 9AM-5PM, Closed: Weekends
Website: https://www.arc-nebraska.org

Autism Action Partnership
Non-profit organization in Omaha, Nebraska. The Autism Action Partnership (AAP) has partnered with various autism service providers to increase diagnosis accuracy, improve behavioral treatment services, begin pilot projects designed to develop critical social skills therapies in schools, and to provide recreation therapy, family respite, and scholarships for individuals with autism to receive the services and treatments so desperately needed

Eligibility: Every person touched by autism in the Heartland will receive the care and support necessary to lead a fulfilling and dignified life.

10110 Nicholas St #202, Omaha, NE 68114
(402) 763-8830
Open Monday-Friday: 8AM-5PM, Closed: Weekends
Website: https://autismaction.org

Autism Center of Nebraska, Inc.
Disability services & support organization in Omaha, Nebraska. The Autism Center of Nebraska (ACN) services and supports are individualized and designed to provide training in skills which lead to a higher level of independence for each individual we serve. Teaching programs address the individuals’ desires for their future, focusing on such areas as independent living skills, finding and keeping jobs, accessing the community, communication, and building relationships. In all cases, ACN strives to equip people we serve with the skills necessary to be valued members of their community.

Eligibility: Individuals eligible for services may choose to have some or all of their authorized services provided by ACN. ACN serves individuals of all ages who have developmental disabilities, including, but not limited to autism.

9012 Q St, Omaha, NE 68127
(402) 315-1000
Open Monday-Friday: 8AM-5PM, Closed: Weekends
Website: https://autismcenterofnebraska.org
Childhood Autism Services
Specialized clinic in Papillion, Nebraska. The Childhood Autism Services (CAS) offers home based Applied Behavior Analysis (ABA) services for children diagnosed with Autism Spectrum Disorder (ASD). We also offer in-office and social skill services in accordance to the child's Individual Treatment Plan (ITP).

Eligibility: We will begin the process of helping your child with a pre-authorization from your insurance for a Functional Behavior Assessment (FBA). A Board Certified Behavior Analyst (BCBA) will observe your child in the home (and possibly school) environment for behaviors and triggers, attention, avoidance, and other behavioral factors. Once the behaviors are identified the BCBA will then create an Individual Treatment Plan (ITP) and present it to you and your insurance plan for approval.

945 N Adams St #7, Papillion, NE 68046
(402) 916-4539
Open Monday-Friday: 8AM-5PM, Closed: Weekends
Website: [https://www.caskids.org](https://www.caskids.org)

Children’s Respite Care Center
Rehabilitation center in Omaha, Nebraska. Children’s Respite Care Center (CRCC) is to provide comprehensive care and family services and support to medically fragile, developmentally delayed, physically challenged and mental health/behaviorally diagnosed children and their families. CRCC provides services that evoke maximum potential and gives parents real hope for the future.

Eligibility: CRCC provides comprehensive care services and family support to meet the needs of children who are at risk (drug exposed, neglected and abused), medically fragile, developmentally challenged, mental health/behavioral challenged and or enduring conditions that include but are not to limited to Cerebral Palsy, Down’s Syndrome, feeding and seizure disorders, pre-and post-transplant conditions, spinal injuries, and traumatic brain injuries, and autism spectrum disorders.

Northwest Location
2010 N 88th St, Omaha, NE 68134
(402) 496-1000
Hours: Monday-Friday 6:30AM-6PM
Website: [https://crccomaha.org](https://crccomaha.org)

Millard Location
5321 S 138th St, Omaha, NE 68137
(402) 895-4000)
Hours: Monday-Friday: 7:00AM-6:00PM

City of Omaha Parks and Recreation Department
City government office in Omaha, Nebraska. The mission of the Omaha Parks, Recreation, and Public Property Development provides and maintain a comprehensive park system, manage public property, and offer opportunities for the citizens and visitors of the Omaha community to encourage a healthy, positive lifestyle that is essential to the quality of life.

Eligibility: Staff is committed to being accessible to you through our website and providing high quality facilities and recreation programs that everyone can enjoy

1819 Farnam St, Ste #701, Omaha, NE, 68102
(402) 444-5900
Hours: Open Monday-Friday: 8AM-4PM, Closed: Weekends
Website: [https://parks.cityofomaha.org](https://parks.cityofomaha.org)
**Combined Health Agencies Drive**
Non-profit organization in Omaha, Nebraska. The Combined Health Agencies Drive (CHAD) is a local, donor-designation driven organization that has been raising funds for Nebraska’s premier health charities. Valuable donations help Nebraskans in need by providing care and support for those affected by a health diagnosis; funding education and prevention programs in our communities; and supporting advocacy and medical research.

*Eligibility:* Raising awareness and improving lives for those facing chronic disease, disabilities and end-of-life issues.

- 212 S 74th St #205, Omaha, NE 68114
- (402) 614-8500
- Open Monday-Friday: 9AM-6PM, Closed: Weekends
- Website: [https://www.chadnebraska.org](https://www.chadnebraska.org)

**The Community Supports Network Inc.**
Social services organization in Omaha, Nebraska. The Community Supports Network (CSN) is dedicated to empowering those we support to live full, abundant lives. It is this dedication that drives to explore new methods and to set challenging new goals. By stretching ourselves, the individuals we support, and the community, we come to recognize and appreciate everyone’s unique gifts. We expect the people we support to participate in community life and to expand their social circles.

*Eligibility:* The Community Supports Network exists to meet the needs of people experiencing developmental disabilities and/or mental health needs. Our goal is for everyone to be accepted as a valued member of their neighborhood and community.

- 5022 S 114th St #100, Omaha, NE 68137
- (402) 827-7652
- Open Monday-Friday: 8AM-5PM, Closed: Weekends
- Website: [https://www.thecsnetwork.com](https://www.thecsnetwork.com)

**Madonna Rehabilitation Hospitals-Omaha Campus**
Rehabilitation center in Omaha, Nebraska. Madonna Rehabilitation Hospital is the one of the nation’s leading rehabilitation providers, offering a comprehensive range of therapy, treatment and services for all ages and abilities.

*Eligibility:* Specializing in traumatic brain injury, spinal cord injury and pediatric rehabilitation, Madonna offers hope and healing to thousands of patients from throughout the country each year.

- 17500 Burke St, Omaha, NE 68118
- (402) 401-3000
- Hours: Open Monday-Friday: 7AM-5PM, Closed: Weekends
- Website: [https://www.madonna.org](https://www.madonna.org)

**Munroe-Meyer Institute - UNMC**
University department in Omaha, Nebraska. The Munroe-Meyer Institute (MMI) conducts basic, translational and clinical research with the goal to transform the diagnosis, care and treatment of individuals with all types of disabilities and complex health care needs.

*Eligibility:* MMI provides extraordinary interdisciplinary, family-centered services for persons with disabilities and complex health care needs across the lifespan.

- 4420 Dewey Ave Omaha, NE
- (402) 559-6418
- Open Monday-Friday: 8AM-5PM, Closed: Weekends
- Website: [https://www.unmc.edu/mmi](https://www.unmc.edu/mmi)
Nebraska Spina Bifida
Organization in Omaha, Nebraska. Our mission is to foster and promote the rights and well-being of all people with Spina Bifida and to promote, encourage and stimulate care, treatment, education, socialization and vocational development of persons with Spina Bifida. Nebraska Spina Bifida promotes research in the cause, treatment, prevention, and public awareness of this disability. 
Eligibility: Nebraska Spina Bifida serves people in Nebraska (NE) affected by Spina Bifida (SB) as well as their friends and families.
7612 Maple St, Omaha, NE 68134
(402) 619-6239
Hours: Varied hours
Website: [http://www.nebraskaspinabifida.org](http://www.nebraskaspinabifida.org)

Paralympics Sports Club Omaha
Rehabilitation center in Omaha, Nebraska. Paralympic Sports Club Omaha is a collaborative effort of CHI Health Immanuel Rehabilitation Immanuel, Eastern Nebraska Wheelchair Athletic Association and the Great Plains Paralyzed Veterans of America.
Eligibility: These organizations have been coordinating adaptive sport and recreation opportunities for youths and adults with physical disabilities in team sports and physical activity, regardless of skill level
6901 N 72nd St, Omaha, NE 68122
(402) 572-2276
Hours: Open Monday-Friday: 7AM-6PM, Closed: Weekends
Website: [jena.munson@alegent.org](mailto:jena.munson@alegent.org), [http://www.chihealth.com](http://www.chihealth.com)

PTI Nebraska
Educational consultant in Omaha, Nebraska. The PTI Nebraska’s mission is to provide training, information and support to Nebraska parents and others who have an interest in children from birth through twenty-six, who receive or should receive special education or related services. PTI will enable parents and students, creating the capacity for them to improve their educational outcomes.
Eligibility: The PTI Nebraska is a statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the educational and healthcare outcomes for their children.
1941 S 42nd St, Omaha, NE 68105 Suite 205
(402) 346-0525
Open Monday-Friday: 8AM-5PM, Closed: Weekends
Website: [http://pti-nebraska.org](http://pti-nebraska.org)

Shaken Baby Task Force
Education center in Council Bluffs, Iowa. Methodist Jennie Edmundson Family Resource Center provides free educational materials on the prevention of shaken baby syndrome. The Shaken Baby Task Force works to increase public awareness of the dangers of shaken baby syndrome.
*Methodist Jennie Edmundson Hospital Family Resource Center*
933 E Pierce St, Council Bluffs, IA 51503
(712) 396-4200
Hours: Open Monday-Friday: 9AM-5PM
24-Hour Helpline: 886-243-BABY (2229)
Open: 24 hours
Website: [http://safebaby.org](http://safebaby.org)
United Cerebral Palsy of Nebraska
Social services organization in Omaha, Nebraska. United Cerebral Palsy of Nebraska provides education, advocacy, grants and social programs to individuals and their families living in Nebraska with cerebral palsy and similar disorders.

Eligibility: United Cerebral Palsy (UCP) of Nebraska is a 501 organization that is an affiliate of the national United Cerebral Palsy, an established leader in the disability community and a strong voice for individuals with cerebral palsy and other disabilities and their families.

920 S 107th Ave # 302, Omaha, NE 68114
(402) 502-3572
Open Monday-Friday: 9AM-4PM, Closed: Weekends
Website: https://ucpnebraska.org
SUBSTANCE ABUSE SERVICES

Alliance Counseling Center
Family therapy, substance abuse evaluations, addiction counseling
11920 Burt Street, Suite 190 Omaha, NE 68127
(402) 965-4004
Hours vary between 8am and 8pm, by appointment
Website: http://alliancecounselingomaha.com
*They are familiar with a range of clinical approaches to support and direct clients in their symptom management. They deal with individuals with depression, anxiety, condition of attention loss, obsessive compulsive disorder, post-traumatic stress disorder, as well as other life challenges.

Alcoholics Resocialization Counseling Help (ARCH) Men's Halfway House
The A.R.C.H. Halfway House is a highly organized living environment with regular activities needed to help residents get up on their feet. Residential long-term treatment care, self-pay is accepted.
Eligibility: Men 19yrs old and up, chemical evaluation and previous treatment needed.
To get on our waiting list, all prospective residents will scan with the staff of A.R.C.H.
604 South 37th Street, Omaha, NE 68105
(402) 346-8898

Arbor Family Counseling Associates Inc
Individual and family counseling, substance abuse evaluations and treatment.
Provides outpatient individual and group substance abuse treatment and works with inpatient treatment facilities
11605 Arbor Street, Omaha NE 68144
(402) 330-0960
Hours: Monday – Thursday 9:00 AM – 8:00 PM
Friday 9:00 AM – 5:00 PM
Saturday 9:00 AM – 3:00 PM
24/7 on call therapist and flexible hours
Website: https://www.arborfamilycounseling.com/

Catholic Charities
Provides residential short-term inpatient treatment (30 days or less). Holistic rehabilitation treatment, alternative treatment. Provides residential long-term inpatient treatment (60, 90, & 120 days) – Monsignor Kelligar Intermediate
3300 N 60th St. Omaha, NE 68104
(402) 554-0520
24 hour Hotline: 402-558-5700
Hours: Monday- Friday 8:30 AM- 5:00 PM
Website: http://www.ccomaha.org/
*Spanish translators are available
CHI Behavioral Care
Providing chemical dependency services for men, women, and children of all ages (17 locations)
Substance abuse and intervention counseling for individuals, groups, and families
   7101 Newport Ave, Omaha NE 68152
   (402) 717-4673
   Hours: Monday-Thursday, 8:00 AM – 5:00 PM
   Friday 8:00AM-4:30PM

Eastern Nebraska Community Action Partnership Behavioral Health Services
Behavioral health and substance abuse outpatient treatment and individual therapy
Intensive outpatient treatment, regular outpatient treatment, chemical evaluations, possible help available for transportation,
Utility assistance, and food pantry
*Payment Assistance - Sliding fee scale (fee is based on income and other factors)
   2406 Fowler Avenue, Omaha NE 68111
   (402) 453-5656 x261
   Website: http://www.encapomaha.org

Fred LeRoy Health and Wellness Center
Provides outpatient substance abuse and treatment counseling. One on one and group outpatient drug and alcohol treatment.
   2602 J Street, Omaha NE 68107
   (402) 733-3487
   Hours: Monday-Friday, 8:00 AM- 4:30 PM
   Website: poncatribe-ne.org

Heartland Family Service
Provides outpatient treatment for adults and adolescents and long-term aftercare support that includes family and individual therapy and gender-specific groups. The dual-diagnosis approach provides on-site mental health evaluation and treatment, psychiatric evaluation, medication management, and 24-hour emergency access.
   2101 South 42nd Street, Omaha NE 68105
   (402) 553-3000
   Fax: (402) 553-3133
   Email: info@HeartlandFamilyService.org

HERO
Substance and Alcohol Abuse Treatment for Men and Women 19 older. Long Term Residential Treatment, Outpatient and Intensive Outpatient Treatment.
Call intake line or complete online application, monthly fees listed online but can be adjusted to a sliding scale fee.
*Chemical evaluations done here.
   2715 Q Street
   Omaha, NE 68107
   (402) 715-5440
   Website: https://www.stephencenter.org/do-you-need-help/hero-addiction-recovery/
Lutheran Family Services/Lasting Hope
Intensive Outpatient Program and Inpatient treatment
The Intensive Outpatient Program (IOP) is a group-focused, non-residential program for adults 19 and older. Treatment typically lasts 6 to 8 weeks but varies with individual needs and participation. Intensive Outpatient groups meet three hours each day, three days a week. Each participant must also attend at least one additional individual or family session each week. Services are available days and evenings.
IOP Service Locations:
   2401 Lake Street, Suite 110 Omaha, NE 68111
   124 South 24th Street, Suite 100 Omaha, NE 68102
   1410 E Gold Cost Road, Suite 200 Papillion, NE 68046
   (402) 324-7007
   Website: lfsneb.org

Nebraska Urban Indian Health Coalition Inter Tribal Treatment Center
Target population Native American’s, transitional living for people that have completed residential treatment through NUIHC Individual and family substance abuse counseling, long term residential treatment and transitional housing.
INPATIENT AND OUTPATIENT REHABILITATION - Residential long-term treatment (more than 30 days) with a twelve step and cognitive behavioral approach.
EXTENDED RECOVERY CARE - Transitional Housing, Substance Abuse Counseling
*For men and women
   2240 Landon Court, Omaha NE 68102
   (402) 346-0902
   Website: http://www.nuihc.com

NOVA Treatment Community Intensive Outpatient
NOVA operates two adult residential treatment programs that serve males and females 19 years of age and older. The length of stay for each program is determined through ongoing assessment on an individualized basis.
   8502 Mormon Bridge Road, Omaha NE 68152
   Phone: 402-455-8303
   Email: admissions@novatc.org
   • Adult Therapeutic Community
      The Adult Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approximately four to six months.
   • Adult Short-Term Residential
      The Adult Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approximately 30 days.
*At NOVA, the following persons receive preference and admission priority:
   • Pregnant injecting drug users
   • Other pregnant substance users
   • Other injecting drug users
   • Women with dependent children
Omaha Treatment Center
Provide top quality outpatient treatment of opioid addiction. Omaha Treatment Center ultimate the goal is to facilitate your ability to live a drug free lifestyle.
   11215 John Galt Boulevard, Omaha NE 68137
   Phone: 402-592-5900
   Hours:  Monday-Friday 5:30am-2pm
          Saturday 7am-11am
   Website: methadonetreatmentcenter.com

Open Door Mission – Lydia House-Women Only
   Primary Focus: Substance Abuse Rehab
   Treatment Type: Residential, Long-term residential, Computerized treatment
   Treatment Approaches: Substance abuse counseling approach, Trauma-related counseling

   2809 North 20th Street, Omaha NE 68110
   Intake Line: (402) 422-1111
   Hours vary, online application available
   24/7 emergency intake phone number
   Emergency intake line: 402-850-3842
   Website: http://www.opendoormission.org

Santa Monica Inc. – Women Only
Chemical evaluation needed and previous treatment experience needed to apply for halfway house living of Santa Monica Inc. Providing substance abuse treatment and a halfway house or sober living home with residential short-term treatment and residential long-term treatment. Dual diagnosis or persons with co-occurring disorders and women are supported for drug rehab. Private health insurance, military insurance, and self-payment is accepted with payment assistance.
   130 North 39th Street, Omaha NE 68131
   (402) 558-7088
   Website: Santamonicahouse.org