



Community Prenatal & Breastfeeding Resources

Community Lactation Consultants	Contact Info
Nebraska Medicine	(402) 552-3487
Nebraska Medicine-Bellevue	(402) 763-3333
Nurture Omaha	(402) 915-1559 www.nurtureomaha.com
Breastfeeding Support and Supplies of Omaha	(402) 707-1696 www.omahabreastfeeding.com
Milk Works (Lincoln, NE) Milk Works (Omaha, NE)	1-(402) 423-6402 (402) 502-0617 www.milkworks.org
CHI Health-Bergan Mercy	(402) 398-6095
Methodist Jennie Edmunson Hospital	(712) 396-7017
CHI Health-Immanuel	(402) 572-3868
CHI Health-Mercy Council Bluffs	(712) 328-5252
Methodist Women's Hospital	(402) 815-1528
Children's Hospital	(402)955-6152 Email: lactation@childrensomaha.org
Children's Physicians Clinic	(402)955-7600
Children's Physicians Clinic	(402)955-7500
West Village Point	(402)955-5437

WIC lactation is only for WIC clients- call your clinic for an appointment

Midtown WIC	(402) 444-4082
One World WIC	(402) 734-2028
Charles Drew WIC	(402) 451-3130
Douglas County WIC	(402) 444-6800

Pediatrician Specializing in Breastfeeding Medicine	Contact Info
Dr. Laura Wilwerding "Naturally Healthy Kids" 8723 Oak Street, Omaha NE 68124	(402) 934-0087

Breastfeeding Support Groups	Fee	Spanish Available	Contact Info
La Leche League	No	No	(402) 339-2290 www.llli.org
Methodist Women's Hospital	No	No	(402) 815-1136 www.bestcare.org/calendar
Nebraska Medicine	No	No	(402) 552-3487
Nebraska Medicine-Bellevue	No	No	(402) 763-3333
CHI Health-Immanuel	No	No	(402)572-3868
CHI Health-Bergan Mercy	No	Yes: Call Ahead (402) 398-5622	(402) 398-6095
CHI Health-Lakeside	No	Yes	(402) 717-8216
CHI Health-Mercy Council Bluffs	No	No	(712) 328-5252
Nurture Omaha	No	No	(402) 915-1559
Children's Physicians	Free Monthly Breastfeeding Support Group When: First Wednesday of each month Time: 3-4 p.m. Where: Swanson Library (lower level conference room) 9101 West Dodge Rd., Omaha, NE NO NEED TO RSVP – WALK INS WELCOME		
Mom Talk	No	No	(402) 502-0617
NICU MOMS	No	No	(402) 502-0617
Baby Café	No	Yes	(402) 734-2028

Breastfeeding Classes	Fee	Spanish Available	Contact Info
Assure Women's Center www.assureomaha.com	No	No	(402) 397-0600 Direct Number to Register for class: Leanne Hyatt (402) 390-9700
Omaha Healthy Start	No	Interpreter available if you call ahead of time	(402) 455-2229
Methodist Women's Hospital Breastfeeding Class	Yes (\$10) (willing to work w/moms on as needed basis)	No	(402) 815-1136 www.bestcare.org/calendar
Back to Work & Breastfeeding	No	No	

Breastfeeding Classes	Fee	Spanish Available	Contact Info
CHI Health Bergan Mercy, Lakeside, Mercy (C.B.)	Yes (\$10) Fee waived if client has Medicaid	No	(402) 398-6550 To Register: www.chihealth.com
Nebraska Medicine Med Center Campus	Yes (\$15)	No	1 (800) 922-0000
Essential Pregnancy Services (EPS)	No	No	(402) 554-1000
Nebraska Medicine Bellevue	Yes (\$15) for Military (\$25) if taking BF portion of prenatal class alone	No	1 (800) 922-0000
Methodist Jennie Edmunson Hospital	No	No	(712) 396-6037
Nurture Omaha Now: Olsen Center Classroom Tues 5:30-7:30 8329 Cass St. Omaha, NE 68114	Yes (\$25) self-pay	Spanish available at Olsen Center if client calls ahead	(402) 915-1559 www.nurtureomaha.com
Milkworks – All About Breastfeeding	Yes (\$25)	No	(402) 502-0617 www.milkworks.org
Milkworks – Return to Work	Yes (\$15) (if pump was obtained at Milkworks)	No	(402) 502-0617 www.milkworks.org
Milkworks – Breastfeeding and Babywearing	FREE (Must Call to Register)	No	(402) 502-0617 www.milkworks.org
Midtown WIC	No	Yes (if call ahead)	(402) 444-4082
Charles Drew WIC	No	Yes (if call ahead)	(402) 451-3130

Birthing Classes	Fee	Spanish Available	Contact Info
Methodist Women's Hospital	Yes	Translator available if you call ahead	(402) 815-1136
CHI Health - Bergan, Lakeside, Mercy (C.B.)	Fee may be waived. Call for more info	Yes, if call ahead of time	(402) 398-6550 www.chihealth.com
Nebraska Medicine	Yes (\$50 for military) (\$65 for civilians)	No	1 (800) 922-0000 If sign up for birthing class, breastfeeding class is free
Nebraskans United for Life (Video) 143 S. 38 th St. Omaha, NE 68131	No Video available to watch at their location	No	(402) 399-0299
Methodist Jennie Edmunson Medical Center	Yes (call for more info)	No	(712) 396-6037
Nebraska Children's Home Society	No	No	(402) 898-4785
Momma Love Birth Class	Yes	No	(402) 598-8870 www.mommalovebirthclass.com

Parenting Classes	Fee	Spanish Available	Contact Info
Assure Women's Center	No 6 week course	No	(402) 397-0600 (402) 390-9700 - Direct number to register
Omaha Healthy Start	No	Translator available if call ahead	(402) 455-2229
Essential Pregnancy Services	No Call for more info	Yes	(402) 554-1000
Heartland Family Service	Yes \$50.00 / 12 week course	Yes	(402) 552-7400
Nebraska Children's Home Society	No	No	(402) 898-4785

Community Prenatal and Breastfeeding Services	Contact Info
NE Healthy Mothers/Healthy Babies Helpline	1 (800) 862-1889
National Breastfeeding Helpline www.womenshealth.gov	1 (800) 994-9662

Breast Pump Resources	Contact Info	Notes
**Breastfeeding Support & Supplies of Omaha 6017 S. 167 th Cir Omaha, NE 68135	Phone (402) 707-1696 Fax (402) 932-8581	Diane Erdmann is an IBCLC in private practice. A consult is included with pump rental. She is available most holidays and weekends. www.omahabreastfeeding.com
** Methodist Breastfeeding Boutique 192 nd & Dodge	Phone (402) 815-1135 Fax (402) 815-1390	Can make arrangements to pick up pump after hours. Interpreters available.
Kubat Pharmacy 4924 Center St. Omaha, NE 68106	Phone (402) 558-8888 Fax (402) 558-7388	Kubat's has 2 locations; 2401 N Street and the 49 th & Center location. They only have pumps in the main location on Center St. Prescription must be written for mom, not the baby.
** Kohl's Medical Supply 5000 Dodge Street Omaha, NE 68132	Phone (402) 553-6294 Fax (402) 553-7846	For each Kohl's location, call to determine available pump brands and parts for purchase and with insurance. Available brands may change.
Kohl's Pharmacy 1413 Washington St. Papillion, NE 68046	Phone (402) 331-8632 Fax (402) 331-8695	
Kohl's Pharmacy 2923 Leavenworth St. Omaha, NE 68105	Phone (402) 342-6547 Fax (402) 341-5207	
Kohl's Pharmacy 5110 L Street Omaha, NE 68117	Phone (402) 733-2000 Fax (402) 733-1857	
Kohl's Pharmacy 12739 Q Street Omaha, NE 68137	Phone (402) 895-3101 Fax (402) 895-3155	
Kohl's Pharmacy 620 North 114 th Street Omaha, NE 68154	Phone (402) 408-0012 Fax (402) 408-0021	
WIC – 4 Locations Call (402) 444-1770 or Mom's current location.	(402) 444-1770 Deanna, IBCLC (402) 215-3903	Must be enrolled in the NE WIC program. An assessment is completed & pumps are loaned on a case by case basis. RX is not required. <u>Not all women are guaranteed a pump.</u> Medicaid is not billed and no cash is exchanged.

** Rental Pumps Available